

SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone : (201) 845-4594 Fax(201) 843-4866



“I am well aware of the toil and blood and treasure it will cost us to maintain this declaration, and support and defend these states. Yet through all the gloom I see the rays of ravishing light and glory. I can see that the end is worth all the means. This is our day of deliverance.”

John Adams (1735–1826)

JULY 2016

The Saddle Brook Senior Center is available for Saddle Brook residents 55 years and older

Joseph J. Caggiano, Dir. NJ Lic. No. 4083
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All Around The Town

SAVE THE DATE



Mark your calendars! The Annual Saddle Brook Fireworks Display sponsored by the VFW Post 3484 will be held on July 3, 2016 at Otto Pehle Park. Come join us for a booming night.



St. Philip the Apostle 57th Annual Festival is scheduled for July 13—July 17, 2016. There will be plenty of food, rides and game booths. Don't miss out on a fun filled night.



Congratulations to Tori Lipari granddaughter of Saddle Brook Senior Club President Lou Lipari, and member of the Saddle Brook Falcon's Softball Team, who we neglected to name in last month's photo of the five Falcon Seniors.

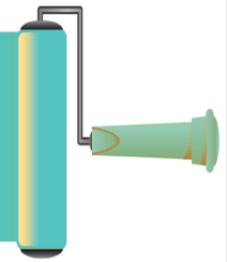


The Saddle Brook AARP Chapter 3785 presented Tooba Ahmad and William Marcjanik each with a scholarship award. Senior Center Director Joseph Lecce was honored to be the presenter at the June 7th Dinner. It was a pleasure to see the large number of students recognized for their outstanding achievements.

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 BINGO 12:45	2
3 SADDLE BROOK FIREWORKS	4 CLOSED 1 INDEPENDENCE DAY	5 EXERCISE 10:15 SENIOR CLUB 1:00	6 BINGO 12:45	7 EXERCISE 10:15 HAPPY STITCHERS 1:15	8 CLOSED SUMMER HOURS BUS WILL RUN	9
10	11 Senior Club AC trip LINE DANCING 10:00 AARP MEETING 1:00 Getting in shape with Diane Cherico	12 EXERCISE 10:15	13 BINGO 12:45	14 EXERCISE 10:15 HAPPY STITCHERS 1:15	15 CLOSED SUMMER HOURS BUS WILL RUN	16
17	18 LINE DANCING 10:00 BINGO 1:00	19 EXERCISE 10:15 BLOOD PRESSURE 10:30 -1 SENIOR CLUB 1:00	20 BINGO 12:45	21 EXERCISE 10:15 HAPPY STITCHERS 1:15 AARP LUNCH & BOAT RIDE	22 CLOSED SUMMER HOURS BUS WILL RUN	23
24	25 LINE DANCING 10:00 BINGO 1:00	26 EXERCISE 10:15	27 BINGO 12:45	28 EXERCISE 10:15 HAPPY STITCHERS 1:15	29 CLOSED SUMMER HOURS BUS WILL RUN	30
31						

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RECIPE AND SCHEDULE

ITALIAN PASTA SALAD



INGREDIENTS:

- 1 lb. tri color corkscrew pasta
- 1 12 oz. jar of marinated, quartered and drained artichoke hearts
- 8 oz. of mozzarella cubed
- 1 8 oz. link of sliced pepperoni
- 1 cup of cherry tomatoes, halved
- 2 tbsp. of chopped jarred pepperoncini
- 1 large handful of fresh torn basil leaves

DRESSING:

- 1 clove of chopped garlic
- 2 tbsp. of red wine vinegar
- 1/4 cup of extra virgin olive oil
- Kosher salt and group pepper

DIRECTIONS:

- Cook the pasta in a large pot of boiling salted water until package directions for al dente. Drain well and cool.
- Add the artichoke hearts, mozzarella, pepperoni, tomatoes, pepperoncini and basil to a large bowl. Stir in the pasta.
- Whisk together the garlic, red wine vinegar, and olive oil. Season with salt and pepper. Toss the dressing with the pasta.

THINGS TO KNOW

JULY RECYCLING CALENDAR

- July 1—Newspaper
- July 8—Commingled
- July 15—Newspaper
- July 22—Commingled
- July 29, —Newspaper

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. A trip to the food store can be scheduled on Thursday, Mall Shopping on Friday and Bingo on Wednesday & Friday.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$25 and \$25 back. Please call Angie 201.796.0904.

SAVVY SENIORS OF THE SADDLE BROOK SENIOR CLUB

The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites Saddle Brook residents age 55 and older (spouse is automatically eligible) to the meetings For membership call Ann 201.797.7053. For any other information about the Senior Club call Lou 201.370.7959

AARP MEETINGS

The first Monday of every month 1:00 p.m. at the Saddle Brook Senior Center.

The July meeting for AARP will be held on July 11th with member Diane Cherico giving a class “Getting in Shape”.

The August meeting for AARP will be held on August 1, with special guest Sheriff Saudino who will present a program called “Safety for Seniors”.

AARP TRIPS

July 21, 2016 1st. Stop The Shrimp Box, Point Pleasant. 2nd. Stop River Belle Cruise. Cost is \$68 and transportation.

September 22, 2016 Stony Hill Inn San Genaro Festival \$45 includes lunch (own transportation).

October 18, 2016 Hunterdon Hills Play House Show “Squabble” \$78 includes lunch and transportation

November 10, 2016 “Vegas” at the Brownstone \$45 includes lunch own transportation

St. Philip the Apostle Senior Casino Trip

Taj Mahal the first Thursday of the month. The cost is \$25 and \$25 back. Call Evelyn 201.791.4962.

Please join us!

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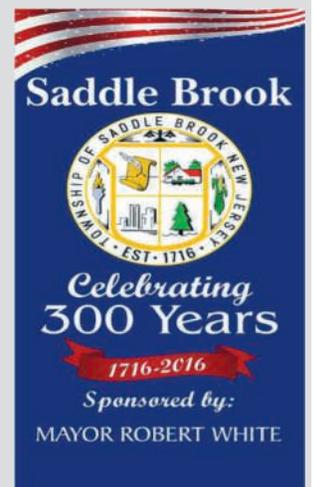
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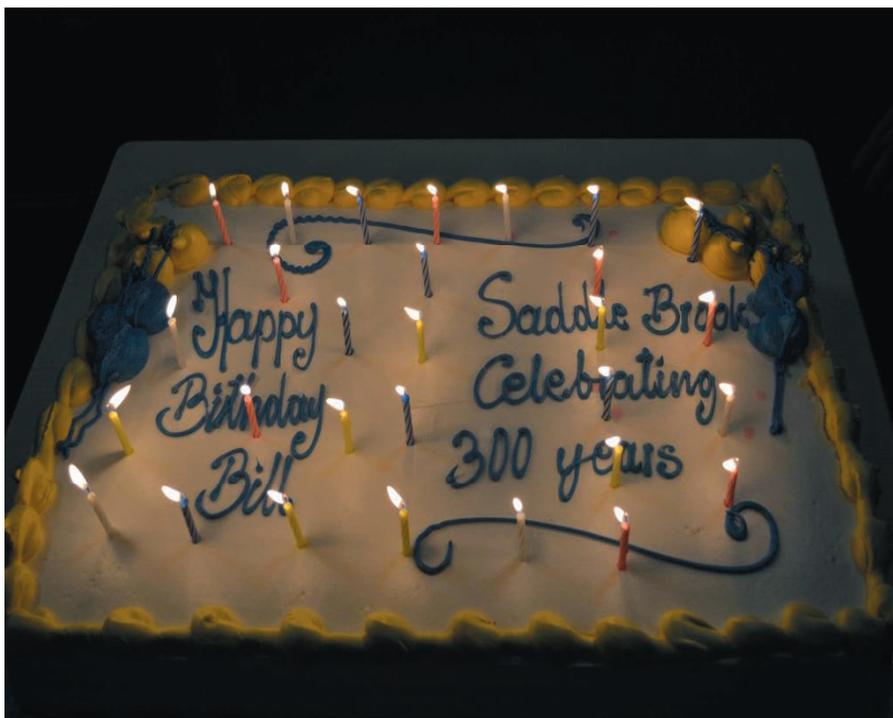
CELEBRATING 300 YEARS



Thank you to all of the banner sponsors. Saddle Brook pride is exhibited throughout the community. Mayor White, Senior Center Director Joe Lecce and Senior Center Transportation Coordinator Howard Rofofsky, joined Chief Robert Kugler as the AARP and Senior Club banner was hung.



WE DID IT OUR WAY



The 300th Anniversary Committee sure knows how to throw a party. Thank you to Committee Chairman Chief Kugler for organizing a fun night. We celebrated the town's Tricentennial and the 100th birthday of Saddle Brook's own, Bill Protze.

Friday night in Saddle Brook was "My Kind of Town" A Touch of Sinatra performed, along with Lydia Diaz. Residents quickly hit the dance floor to show off their triple step and even the most timid were caught toe tapping.