

# SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone : (201) 845-4594 Fax(201) 843-4866



*A time to remember those who died, those who served and those who carry on.*

## SEPTEMBER 2016

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# All Around The Town



We will  
never forget  
09.11.2001

There will be a 9/11 15th Anniversary Memorial from 6:30 – 9:30.p.m on September 11, 2016 The procession will begin at Saddle Brook High School and go to St. Philip the Apostle Church The memorial will include church choirs, keynote speaker, flag retirement ceremony, live music and food truck vendors. Parking is available at the Saddle Brook High School and Coolidge School.



October 16th is Chicken Bingo. \$12 includes Bingo Boards, lunch and dessert. For more information call Joe Lecce at (201) 845-4594



Annual Senior Citizens Picnic—September 14, 2016 10:00 to 3:00 at Van Saun County Park, Paramus. There will be lunch, crafts and entertainment



Three Savvy Seniors , Bridgett, Angie and Ann win prizes during game time at the Senior Club meeting. If you have time ,come and join the Savvy Seniors of the Senior Club.

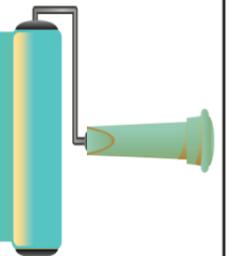


Saddle Brook AARP hosted special guest Bergen County Sheriff Michael Saudino who discussed senior safety practices.

# SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Exercise 10;15 Happy Stitches 1 pm	2 CLOSED Summer Hours Bus will Run	3
				4	5 CLOSED Labor Day	6 Exercise 10:15 Senior Club Meeting 1 pm
11	12 AARP Meeting 1 pm Line Dancing 10 am Senior Club AC Trip—Call Angie 201.796.0904	13 Exercise 10:15 am	14 BINGO 12:45 pm Van Saun County Park Picnic	15 Exercise 10;15 Happy Stitches 1 pm	16 BINGO 12:45 pm	17
18	19 Line Dancing 10:00 am Bergen County Surrogate Presentation 3:30 pm	20 Exercise 10:15 am Blood Pressure 10:30—1:00 Senior Club Meet- ing 1 pm	21 BINGO 12:45 pm	22 Exercise 10;15 Happy Stitches 1 pm	23 BINGO 12:45 pm	24
25	26 Line Dancing 10:00 am	27 Exercise 10:15 am	28 BINGO 12:45 pm	29 Exercise 10;15 Happy Stitches 1 pm	30 BINGO 12:45 pm	

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# RECIPE AND SCHEDULE

## Ravioli and Vegetable Soup



### Ingredients:

1 tbsp. Extra virgin olive oil	1/2 cup of hot water
2 cups of mixed diced bell pepper & onion	1 tsp. dried basil
2 cloves of minced garlic	1 pkg. of fresh or frozen cheese ravioli
1 28 ounce can of crushed tomatoes	2 cups of diced zucchini
1 15 ounce can of vegetable broth	Fresh ground pepper to taste

### Directions

- 1 Heat oil in a large saucepan or Dutch oven over medium heat. Add pepper-onion mix, garlic and crushed red pepper (if using) and cook, stirring, for 1 minute. Add tomatoes, broth, water and basil (or marjoram); bring to a rolling boil over high heat. Add ravioli and cook for 3 minutes less than the package directions. Add zucchini; return to a boil. Cook until the zucchini is crisp-tender, about 3 minutes. Season with pepper.

### THINGS TO KNOW

#### SEPTEMBER RECYCLING CALENDAR

September 2—Commingled  
September 8—Newspaper  
September 16—Commingled  
September 23—Newspaper  
September 30—Commingled

#### DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. A trip to the food store can be scheduled on Thursday, Mall Shopping on Friday and Bingo on Wednesday & Friday.

**For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.**

#### ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$25 and \$25 back. Please call Angie 201.796.0904.

#### SAVVY SENIORS OF THE SADDLE BROOK SENIOR CLUB

The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites Saddle Brook residents age 55 and older (spouse is automatically eligible) to the meetings For membership call Ann 201.797.7053. For any other information about the Senior Club call Lou 201.370.7959

#### AARP MEETINGS

**September 12**—Bingo & Pizza—Officers Meeting at 12:00.

**October 3**—”You’re the Artist” with Barbara Calderio—Officers Meeting at 12:00

**November 7**—Angela Brauer “Cyber Safety” Officers Meeting at 12:00

**December 19**—Christmas Party at the “Venetian” 12:30 –4:30  
(See Joe Lecce for Reservations).

#### AARP TRIPS

September 22, 2016 Stony Hill Inn San Genaro Festival \$45 includes lunch (own transportation).

October 18, 2016 Hunterdon Hills Play House Show “Squabble” \$78 includes lunch and transportation

November 10, 2016 “Vegas” at the Brownstone \$45 includes lunch own transportation

#### **St. Philip the Apostle Senior Casino Trip**

Resorts Casino the first Thursday of the month. The cost is \$25 and \$30 back. Call Evelyn 201.791.4962.

#### **SAVE THE DATE!**

October 16, 2016 Chicken Bingo

## STAR SEARCH OF THE 1950'S

P F A Y N S H T R Y B O S T Z W Z W T D  
 F E M E Q A R M E S T Y I I A M I O G E  
 R O R O Y A C E P R G Z T A M Y D D O A  
 H O D W W K D L O S I L R M T R L F A N  
 L A A E D F J B O L H P U D A W O O R Y  
 W R T Z K L E A C K U D C B R H K B R N  
 D S G H A C E G K K D D E E M O N R O E  
 V E K Y A N E I O R S D N X C O M Y L N  
 Q N V A E Y R P F R O R H G J T L F G K  
 W T H P R F P A Y S N Z U L O L E E R S  
 N X G Z Y B V L E X N V Y S E J R A I S  
 D H W O O D U R O B G A C K S N O V A K  
 C M L S Y A U A H O V E M C J E U J M O  
 K G A S Y T L V P C U H C Z H N L K G C  
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DEE

HUDSON

MANSFIELD

PECK

TAYLOR

BARDOT

DAY

GABLE

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MONROE

RUSSEL

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HAYWARD

LOREN

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STEWART

AUGUST

RIDDLE SOLUTION

I AM A **BOOKWORM**



What TV Show ousted I Love Lucy from the #1 spot in the TV rating in October of 1957? A. The \$64,000 Question

B. Gunsmoke

C. Lassie

D. The Danny Thomas Show

In October 1950, the #1 rated TV show was the \_\_\_\_\_ Star Theatre.

A. Northern

B. Dallas

C. Wonder Bread

D. Texaco



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# SPOTLIGHT



## It's Back!

National Night Out was a huge success. Township residents were thrilled to learn about all the different crime prevention departments, emergency services and equipment. National Night Out was developed as a crime prevention program designed to help prevent community crime by building a partnership between the community and law enforcement personnel. The Mayor's Youth group hosted a table for township residents to show their appreciation for law enforcement, ambulance services and the fire department. Hand print poster boards were designed with a special thank you and presented as a token of appreciation to each emergency township department. Thank you to everyone who attended!