

SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone (201) 845-4594 Fax (201) 843-4866



Saddle Brook AARP Club Members enjoyed a musical afternoon with entertainment by the High School Choraleers led by Director Frank Ortega



May 2017

The Saddle Brook Senior Center is available for Saddle Brook Residents 55 years and older.

Joseph J. Caggiano, Dir. NJ Lic. No. 4083 Lisa M. Caggiano, Mgr. NJ Lic. No. 3934 Richard J. Meade, Dir. NJ Lic. No. 4962

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The Township of Saddle Brook Mobile Paper Shredding Event

Saturday, May 6, 2017

9:00 a.m. - 1:00 p.m.

540 Saddle River Road

Call 201.587.2903 for information



The Saddle Brook Romaine-Sinniger VFW
Post 3484

MEMORIAL DAY PARADE : is scheduled
for May 28th and will begin at 1:30 P.M.

DID YOU KNOW?



The Township of Saddle Brook received the Silver Award from the South Bergen Joint Insurance Fund (JIF) at their annual breakfast. The Silver Award was presented to municipalities for reducing employee accident rates and improving their safety records. of the Township.



The Saddle Brook Easter Celebration was a huge hit. Resident children enjoyed playing fun games, pizza, face painting and a snuggle with the Easter Bunny. Our Projects and Activities Committee did an amazing job organizing the event and we want to say thank you to the DPW for helping with the set up and the Saddle Brook Board of Education for use of the gymnasium and cafeteria.



May 15th, the Saddle Brook Police Department will hold the Annual Police Memorial Service 12:00 p.m. at Town Hall.

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Line Dancing 10 A.M. AARP Meeting 1 P.M.	2 Exercise 10:15 A.M. Senior Club Meeting 1:00	3 BINGO 12:45 P.M.	4 Exercise 10:15 Happy Stitchers 1 pm	5 BINGO 12:45 P.M.	6
7	8 LINE DANCING 10:00 Senior Club AC Trip Angie 2017960904	9 EXERCISE 10:15	10 BINGO 12:45 P.M.	11 Exercise 1 10:15 Advisory Board 10:30 Happy Stitchers 1 pm	12 BINGO 12:45 P.M.	13
14 HAPPY MOTHER'S DAY	15 LINE DANCING 10:00	16 EXERCISE 10:15 Blood Pressure 10:15-1pm Senior Club 1pm	17 BINGO 12:45 P.M.	18 Exercise 10:15 Happy Stitchers 1 pm	19 BINGO 12:45 P.M.	20
21 CHICKEN BINGO 12:00	22 LINE DANCING 10:00	23 EXERCISE 10:15	24 BINGO 12:45 P.M.	25 Exercise 10:15 Happy Stitchers 1 pm	26 BINGO 12:45 P.M.	27
28	29 CLOSED MEMORIAL DAY 	30 EXERCISE 10:15	31 BINGO 12:45 P.M.			

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RECIPE AND SCHEDULE

PASTA PRIMAVERA

- 1 box whole-wheat penne
- 2 tbsp. olive oil
- 1½ lb. zucchini, quartered lengthwise
- ½ lb. yellow summer squash, quartered lengthwise
- 1 tbsp. minced garlic
- 1 box frozen peas
- 1 can reduced-sodium chicken broth
- 12 oz. plum tomatoes
- Serve with: grated Parmesan and crushed black pepper



1. Bring a large pot of salted water to a boil. Add pasta and cook as package directs; drain pasta and return to pot. Meanwhile, heat oil in a large nonstick skillet. Add zucchini and yellow squash; cook, stirring often, over medium-high heat 5 minutes or until crisp-tender. Add garlic and peas; cook 1 minute or until fragrant. Stir in broth and bring to a simmer. Pour vegetable mixture over pasta. Add tomatoes; toss to mix and coat.



THINGS TO KNOW

MAY RECYCLING CALENDAR

May 5—Newspaper
May 12—Commingled
May 19—Newspaper
May 26—Commingled
June 2—Newspaper

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. A trip to the food store can be scheduled on Thursday, Mall Shopping on Friday and Bingo on Wednesday & Friday.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$25 and \$25 back.
Please call Angie 201.796.0904.

SAVVY SENIORS OF THE SADDLE BROOK SENIOR CLUB

The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites Saddle Brook residents age 55 and older (spouse is automatically eligible) to the meetings For membership call Ann 201.797.7053. For any other information about the Senior Club call Lou 201.370.7959

AARP MEETINGS

June 4th—Installation Dinner

July 10th—Meeting

August 7th—Meeting

AARP TRIPS

May 23—Bus trip to Atlantic City Resorts Casino \$30 pp , \$25 cash back.

Jun 23 rd.—River Lady Tour—Lunch on board
(Approx. \$66) Includes. transportation from the senior center scheduled to leave at 8:15 a.m.

St. Philip the Apostle Senior Casino Trip

Resorts Casino the first Thursday of the month. The cost is \$25 and \$25 back. Call Evelyn 201.791.4962.

CHICKEN BINGO

May 21—Tickets on sale now. \$13. includes lunch, bingo and dessert. For tickets call Joe Lecce: (201) 845-4594



WORD WISE

MAY

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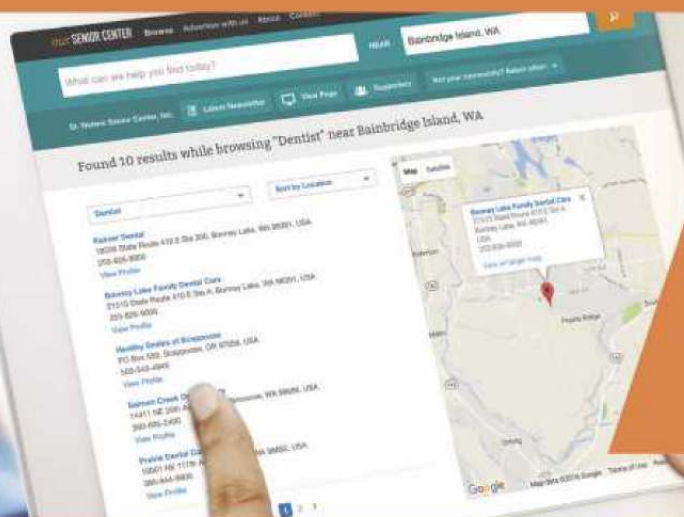
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Saddle Brook Senior Ctr., Saddle Brook, NJ

03-1148

Saddle Brook Township

Community Partnership



April 3rd-June 5th

Food Drive

Drop Off Spots:

Tuesday and Friday 7-9pm

- Fire House Engine 1 - Saddle River Rd
- Fire House Engine 2 - 3rd St
- Fire House Hook & Ladder - Market St

Rec Department- Mon. and Wed. 8:30-12
20 Sampson St.(Trailer)

***First Reformed Church** - S. Ackerman Ave

***Senior Center** - 8:30-3:30; 8 Caldwell Ave

***Town Hall** 8:30-4:00; 93 Market Street

***Library**- 340 Mayhill Street 10am-3pm

Students can drop off canned goods
at their school location