SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone (201) 845-4594 Fax (201) 843-4866



DECEMBER 2017

The Saddle Brook Senior Center is available for Saddle Brook Residents 55 years and older.

Joseph J. Caggiano, Dir. NJ Lic. No. 4083
Lisa M. Caggiano, Mgr. NJ Lic. No. 3934
Richard J. Meade, Dir. NJ Lic. No. 4962

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ALL AROUND THE TOWN



The Saddle Brook AARP and Senior Club donated $500.00 to the Saddle Brook Food Pantry. The Community Partnership has an ongoing collection of food items for the pantry. Donation can be made at the Saddle Brook Senior Center and town hall.

Vincent Montagna, member of the Senior Advisory Board and Marine Corps League Saddle River Detachment, placed a Toys for Tots bin at the Saddle Brook Police Station and Senior Center. Please consider donating new, unwrapped toys before December 15th



The Saddle Brook Senior Halloween Party was held on October 24th at the VFW. The seniors enjoyed food, donated by : Mucci's Italian Deli, Frank's Pizzeria & Restaurant, The Golden Pub, and Que Pasta Italian Restaurant. Thank you to all of these businesses who year after year, generously continue to support the seniors in our community.

Party goers danced to the music of Peter Lieberman.

SADDLE BROOK SENIOR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 BINGO 12:45 P.M	2
3	4 LINE DANCING 10:00	5 EXERCISE 10:15 .Senior Club Meeting 1 pm	6 BINGO 12:45 P.M	7 Exercise 10:15 Happy Stitchers 1 pm	8 BINGO 12:45 P.M	9
10	11 LINE DANCING 10:00 Senior Club AC TRIP Call Angie 201.796.0904	12 EXERCISE 10:15	13 BINGO 12:45 P.M	14 Exercise 10:15 Happy Stitchers 1 pm	15 BINGO 12:45 P.M	16
17	18 **AARP & SENIOR CLUB CHRISTMAS PARTY** **12:30—4:30**	19 EXERCISE 10:15 Blood Pressure 10:30—1:00 Senior Club 1:00	20 BINGO 12:45 P.M	21 Exercise 10:15 Happy Stitchers 1 pm	22 **NO BINGO**	23
24 31	25 CLOSED MERRY CHRISTMAS	26 CLOSED MERRY-CHRISTMAS	27 CLOSED HAPPY HOLIDAYS	28 CLOSED HAPPY HOLIDAYS	29 CLOSED HAPPY HOLIDAYS	30

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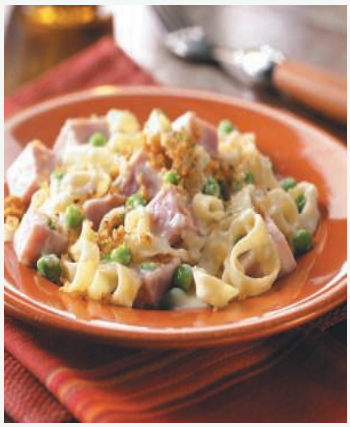
HOME SECURITY TEAM

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RECIPE AND SCHEDULE

HAM FETTUCCINE BAKE



Ingredients

- 1/4 cup dry bread crumbs
- 1/4 teaspoon dried parsley flakes
- 3 tablespoons butter, divided
- 2 tablespoons all-purpose flour
- 2 cups milk
- 1-1/2 cups (6 ounces) sharp white cheddar cheese, shredded
- 2 cups cubed fully cooked ham
- 1-1/2 cups cooked fettuccine
- 1 cup frozen peas

Directions

- **1.** In a small skillet, cook bread crumbs and parsley in 1 tablespoon butter over medium heat for 4-5 minutes or until golden brown. Remove from pan; set aside.
- **2.** In a large skillet, melt the remaining butter. Stir in flour until smooth; gradually add the milk. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in cheese; cook 2-3 minutes longer or until melted. Stir in the ham, fettuccine and peas. Transfer to a greased 11-in. x 7-in. baking dish; sprinkle with bread crumb mixture.
- **3.** Cover and bake at 350° for 20 minutes. Uncover; bake 5-10 minutes longer or until bubbly.

THINGS TO KNOW

NOVEMBER RECYCLING CALENDAR

December 1—Newspaper
December 8—Commingled
December 15– Newspaper
December 22—Commingled
January 5—Newspaper

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. A trip to the food store can be scheduled on Thursday, Mall Shopping on Friday and Bingo on Wednesday & Friday.
For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is $25 and $25 back. Please call Angie 201.796.0904.

SAVVY SENIORS OF THE SADDLE BROOK SENIOR CLUB– Please note that for February the only meeting will be held on February 21st. The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites Saddle Brook residents age 55 and older (spouse is automatically eligible) to the meetings For membership call Angie 201.796-0904. For any other information about the Senior Club call Lou 201.370.7959

AARP MEETINGS

There will be no AARP meeting until March 5th at 1 pm

St. Philip the Apostle Senior AC Casino Trip

November : Resorts Casino the 2nd. Tuesday of the month. The cost is $30 with $30 Slot Return and $10 Food Voucher Call Maria at (973) 772-2010

AARP & SENIOR CLUB CHRISTMAS PARTY

December 18th at the Venetian in Garfield. The cost is $18 for members and $46 for non-members. The deadline to reserve your spot is December 6th To reserve or obtain information on transportation to the party call Joe Lecce at (201) 845-4594



WORD WISE

Holiday Tunes

Away in a Manger
Choir of the Bells
Dominick the Donkey
Frosty the Snowman
Holly Jolly Christmas
Jingle Bell Rock
Jingle Bells
Let it Snow
Little Drummer Boy
Little St Nick
O Holy Night
Rudolph
Santa Baby
Silent Nigh
Silver Bells
The Christmas Song
The First Noel
Winter Wonderland

S	G	R	D	A	M	A	F	C	I	F	Z	Z	X	F	K	U	H	J	X
W	A	W	A	Y	O	B	R	E	M	M	U	R	D	E	L	T	T	I	L
C	K	M	B	H	P	L	O	D	U	R	J	T	G	J	I	H	Z	N	O
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X	L	S	O	X	Q	R	T	B	T	I	N	W	X	N	E	T	O	B	J
D	R	T	J	T	I	R	H	V	A	A	H	X	I	P	S	N	A	E	W
F	E	I	F	W	V	T	E	C	M	B	E	U	U	B	T	E	S	L	S
N	D	T	U	C	C	H	S	A	Y	A	A	I	N	S	N	L	C	L	Q
B	N	E	V	X	E	G	N	X	I	L	M	T	R	I	I	I	Y	R	W
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G	T	A	P	U	I	O	N	T	S	L	L	E	B	E	L	G	N	I	J
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Chicken Scratch NY

SUPER SCRAMBLER

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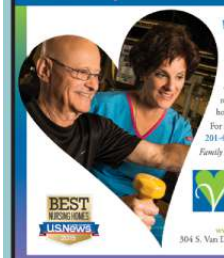
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November Answers:

Mayflower, Indians and Feast

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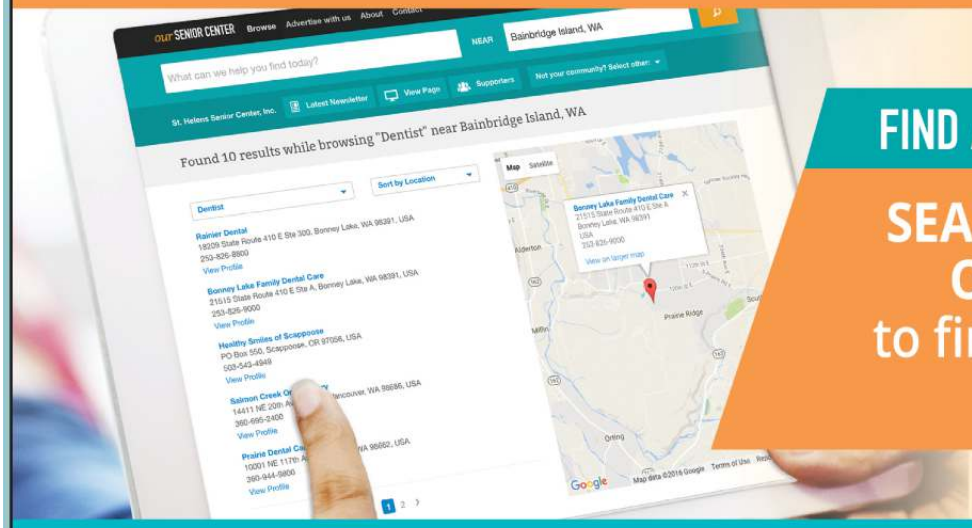
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