

SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone (201) 845-4594 Fax (201) 843-4866



NOVEMBER 2018

The Saddle Brook Senior Center is available for Saddle Brook Residents 55 years and older

Joseph J. Caggiano, Dir. NJ Lic. No. 4083 Lisa M. Caggiano, Mgr. NJ Lic. No. 3934 Richard J. Meade, Dir. NJ Lic. No. 4962

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All Around The Town



PHOTOS ON DISPLAY AT TOWN HALL!!!

The Saddle Brook High School photography class has an exhibit at town hall. Please stop in and take a look at some of the beautiful photographs taken by Saddle Brook's finest photographers. We are extremely proud of their hard work and excited to show off their shots.



**Senior Housing construction
is in full force and progressing nicely.**



**HOLIDAY TREE LIGHTING CEREMONY
NOVEMBER 29th at
Town Hall followed by a
CELEBRATION
at the High School**



Nick's Sandwich Shop named one of the top 5 places for New Jersey's **Greatest Meatball Sandwich.**

Township Fountain named among the **Best Breakfast Sandwich** places in New Jersey



SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 EXERCISE 10:15 Happy Stitchers 1 pm	2 BINGO 12:45	3
4	5 LINE DANCING 10:00 AARP 1:00	6 CENTER- CLOSED ELECTION DAY OFFICE OPENED BUS WILL RUN	7 BINGO 12:45	8 EXERCISE 10:15 Happy Stitchers 1 pm Advisory Meeting 1030	9 BINGO 12:45	10
11	12 AC TRIP Call Angie 201.796.0904 CLOSED VETERAN'S DAY	13 EXERCISE 10:15	14 BINGO 12:45	15 EXERCISE 10:15 Happy Stitchers 1 pm	16 BINGO 12:45	17
18	19 LINE DANCING 10:00	20 EXERCISE 10:15 Blood Pressure 10:30—1:00	21 NO BINGO	22 CLOSED HAPPY THANKS- GIVING	23 CLOSED HAPPY THANKS- GIVING	24
25	26 LINE DANCING 10:00	27 EXERCISE 10:15	28 BINGO 12:45	29 EXERCISE 10:15 Happy Stitchers 1 pm	30 BINGO 12:45	

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RECIPE AND SCHEDULE

Pork Chops With Apples and Garlic Smashed Potatoes



INGREDIENTS:

1 pound small fingerling potatoes
2 cloves garlic
Kosher salt
4 1/2-inch-thick boneless pork loin chops (5 ounces each)
2 teaspoons chopped fresh sage
Freshly ground pepper
1 tablespoon extra-virgin olive oil
1 large red onion, cut into 1/2-inch wedges
2 Granny Smith apples, cut into 1/2-inch pieces
3/4 cup apple cider
1/4 cup buttermilk

DIRECTIONS: Put the potatoes and garlic in a saucepan, cover with cold water and season with salt. Cover and bring to a boil, then uncover and continue cooking until tender, about 15 minutes. Cover and set aside.

Meanwhile, rub both sides of the pork chops with the sage, and salt and pepper to taste. Heat a large cast-iron skillet over high heat, then add 1 teaspoon olive oil and sear the chops until golden on both sides, about 5 minutes total. Transfer to a plate. Wipe out the skillet and add the remaining 2 teaspoons olive oil. Add the onion and apples and cook over medium-high heat until lightly browned, about 5 minutes. Season with salt and pepper and stir in the cider. Return the chops to the skillet. Cover and cook, turning once, until just cooked through, 4 to 5 minutes. Drain the potatoes, reserving 1/4 cup liquid. Return the potatoes to the pan; add the buttermilk and mash, adding cooking liquid as needed. Season with salt and pepper. Serve with the pork chops, onion and apples. Drizzle with the pan juices.

RECYCLING CALENDAR

November 2	Newspaper
November 9	Commingle
November 16	Newspaper
November 23	Commingle
November 30	Newspaper
December 7	Commingle

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. On Thursday we go food shopping and on Friday we go the malls. Please call to reserve a spot on Mondays. The bus also picks up on Wednesday & Friday for Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$25 and \$30 back. Please call Angie 201.796.0904.

AARP TRIPS

There are no AARP Trips scheduled at this time.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010.

AARP MEETINGS

November 5—Saddle Brook Captain James Galbo
December 3—Saddle Brook Choraleers
December 17— Christmas Party

SADDLE BROOK WOMAN'S CLUB

Looking to be a part of an organization that accomplishes their goals through volunteer service within the community and by assisting others, state and federal worldwide? Are you looking for a chance to socialize and make friendships while working together as volunteers toward a common goal? Join the SBWC call Paula for more information (201) 755-4960

SADDLE BROOK SENIOR CLUB

The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites seniors age 55 and older (spouse is automatically eligible) to the meetings For membership call Henry (201) 796-7225. For any other information about the Senior Club call Lou 201.370.7959



WORD WISE



Thanksgiving Word Search

A G N I V I G S K N A H T G O
R A E Y R R T I C U R O A D A
L L T F E A S T E L S T M I T
N P U M P K I N Y M H I K R R
U L R Q C L N O V E M B E R E
H A I D O E O T R O K U N N S
F T L I F S L R I P G R O O S
E T N E E R O E Z I U P U I E
Y E O V N G C H B L F I Q T D
A R Y R R E B N A R C O Y I D
D C O R N U C O P I A M I D E
I R P I H S R O W M T T J A W
L O W E L B A T E G E V E R X
O T S E V R A H A R B D U T E
H G U C Y O K A H C A R V E A

1. Carve
2. Celebrate
3. Colonist
4. Cornucopia
5. Cranberry
6. Dessert
7. Farmer
8. Feast
9. Gather
10. Harvest

11. Holiday
12. November
13. Pilgrim
14. Platter
15. Pumpkin
16. Thanksgiving
17. Tradition
18. Turkey
19. Vegetable
20. Worship



October Answer

4

TRIVIA QUESTION

Parker Brothers introduced this famous board game to the world on November 5th 1935: _____

On November 13, 1927 this first in the world, mechanically ventilated, underwater tunnel opened to traffic: _____

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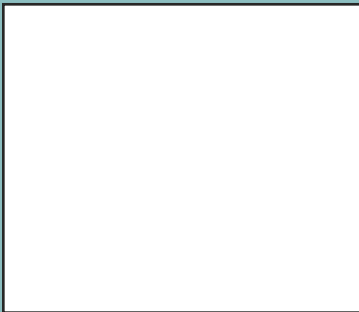
Janet B. Lurie
Attorney at Law
 Certified Elder Law Attorney by the ABA
 accredited National Elder Law Foundation
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201-489-8556 Fax
JBLuriesq@aol.com
 32 Mercer St.
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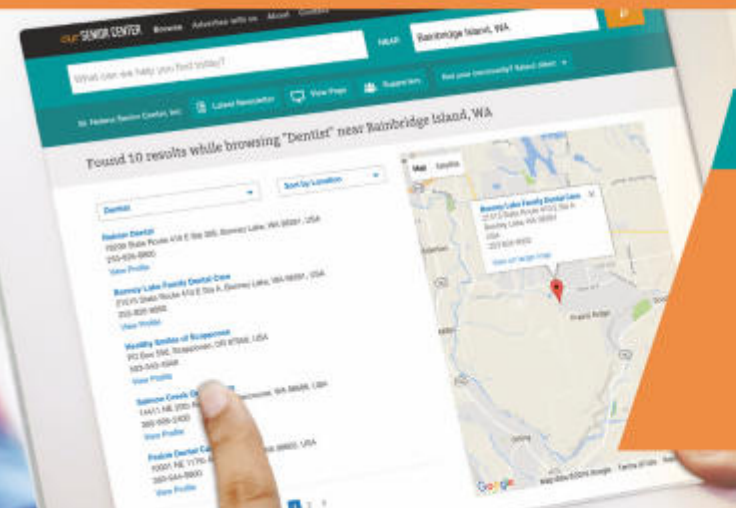
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IN THE SPOTLIGHT

SENIOR HALLOWEEN PARTY

Thank you to Frank's Pizzeria, The Golden Pub, Mucci's Deli and Que Pasta for their generous food donations. Thank you to Councilwoman Flo Mazzer for flower donations..

