

SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone (201) 845-4594 Fax (201) 843-4866



JUNE 2019

The Saddle Brook Senior Center is available for Saddle Brook Residents 55 years and older

Joseph J. Caggiano, Dir. Lisa M. Caggiano, Mgr. Richard J. Meade, Dir.
NJ Lic. No. 4083 NJ Lic. No. 3934 NJ Lic. No. 4962

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All Around The Town



SADDLE BROOK POLICE MEMORIAL CEREMONY- MAY 15th, 2019

Every May 15th since 2001 family and friends of all former and deceased Saddle Brook Police Officers gather at the police memorial on the lawn of the township municipal building to honor and remember their service to the community of Saddle Brook. The names of 23 Saddle Brook police officers are inscribed on the large granite monument and this year was the 19th consecutive year the ceremony was held.



Thanks to all who came out for the Avon Park Playground Renovation Groundbreaking (Old Playground Removal)! Great job and Eagle Scout project by [Michael Maniscalco](#)!!

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Line Dancing 10:00 AAPR Meeting 12:00	4 CLOSED PRIMARY ELECTION	5 BINGO 12:45	6 Exercise 10:15 Happy Stitchers 1:00	7 BINGO 12:45	8
9	10 Line Dancing 10:00 Senior Club AC TRIP Call Angie 201.796.0904	11 Exercise 10:15	12 BINGO 12:45	13 Exercise 10:15 Happy Stitchers 1:00	14 BINGO 12:45	15
16 	17 Line Dancing 10:00	18 Exercise 10:15 Blood Pressure 10:30—1	19 BINGO 12:45	20 Exercise 10:15 Happy Stitchers 1:00	21 BINGO 12:45	22
23/30	24 Line Dancing 10:00	25 Exercise 10:15	26 BINGO 12:45	27 Exercise 10:15 Happy Stitchers 1:00	28 BINGO 12:45	29

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RECIPE AND SCHEDULE



1. Combine pasta, tomatoes, onion, garlic, red-pepper flakes, basil, oil, 2 teaspoons salt, 1/4 teaspoon pepper, and water in a large straight-sided skillet. Bring to a boil over high heat. Boil mixture, stirring and turning pasta frequently with tongs, until pasta is al dente and water has nearly evaporated, about 9 minutes.

Watch:



2. Season to taste with salt and pepper, divide among 4 bowls, and garnish with basil. Serve with oil and Parmesan.

One-Pan Pasta



- 12 ounces linguine
- ☐ 12 ounces cherry or grape tomatoes, halved or quartered if large
- ☐ 1 onion, thinly sliced (about 2 cups)
- ☐ 4 cloves garlic, thinly sliced
- ☐ 1/2 teaspoon red-pepper flakes
- ☐ 2 sprigs basil, plus torn leaves for garnish
- ☐ 2 tablespoons extra-virgin olive oil, plus more for serving
- ☐ Coarse salt and freshly ground pepper
- ☐ 4 1/2 cups water
- ☐ Freshly grated Parmesan cheese, for serving

RECYCLING CALENDAR

June 7	Newspaper
June 14	Commingled
June 21	Newspaper
June 28	Commingled
July 5	Newspaper

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. On Thursday we go food shopping and on Friday we go the malls. Please call to reserve a spot on Mondays. The bus also picks up on Wednesday & Friday for Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$30 and \$30 back. Please call Angie 201.796.0904.

AARP TRIPS

There are no AARP Trips scheduled at this time.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010.

AARP MEETINGS

June 3	Saddle Brook HS Choraleers
July 7	Meeting

SADDLE BROOK WOMAN'S CLUB

Looking to be a part of an organization that accomplishes their goals through volunteer service within the community and by assisting others, state and federal worldwide? Are you looking for a chance to socialize and make friendships while working together as volunteers toward a common goal? Join the SBWC call Paula for more information (201) 755-4960

SADDLE BROOK SENIOR CLUB

The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites seniors age 55 and older (spouse is automatically eligible) to the meetings For membership call Henry (201) 796-7225. For any other information about the Senior Club call Lou 201.370.7959

SAVE THE DATE

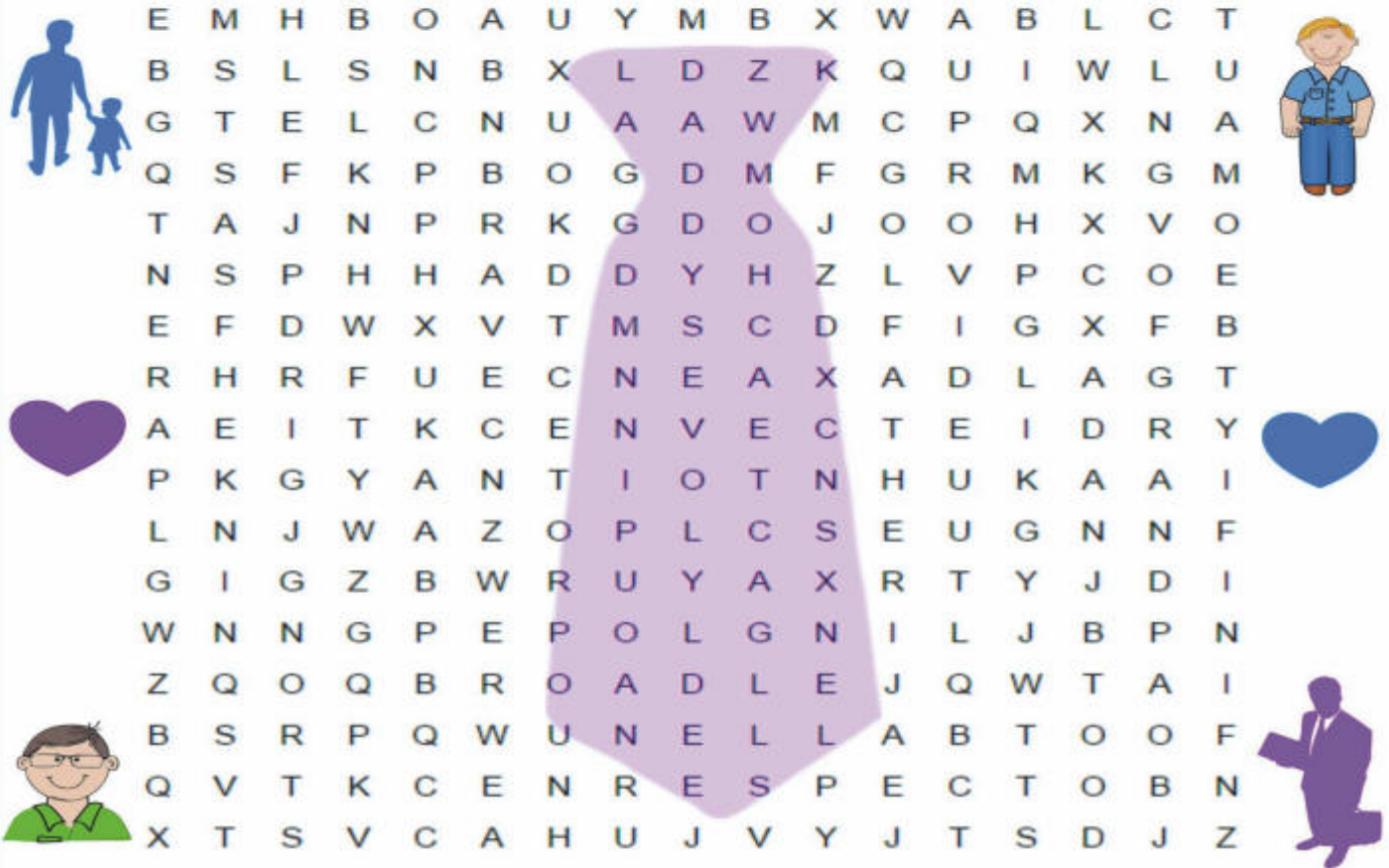
Annul Fishing Derby **06/15** at Otto Pehle Park 9-12 pm

Fireworks **07/03**

Annual Twsp. Picnic **08/24** at Otto Pehle Park 12-4 pm

WORD WISE

Father's Day Word Search



DADDY
UNCLE
STRONG
GOLF
PROVIDE



FATHER
TEACH
BRAVE
FOOTBALL
PARENT



GRANDPA
RESPECT
NECKTIE
PROTECT
LOVE



womanofmanyroles.com

1. Two fathers and two sons go fishing together in the same boat. They all catch a fish but the total catch for the day is three fish. How is this possible?

2. What relation would your mother's sister's brother-in-law be to you?

3. Unscramble

OSDAEHNM _____

GROTNS _____

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IN THE SPOTLIGHT



Musical History of the 1950s: From Dino to Doo Wop, featuring Joey Gilligan, performed for Saddle Brook AARP members on May 6th, at the Senior Center. It was a great show enjoyed by all!

