

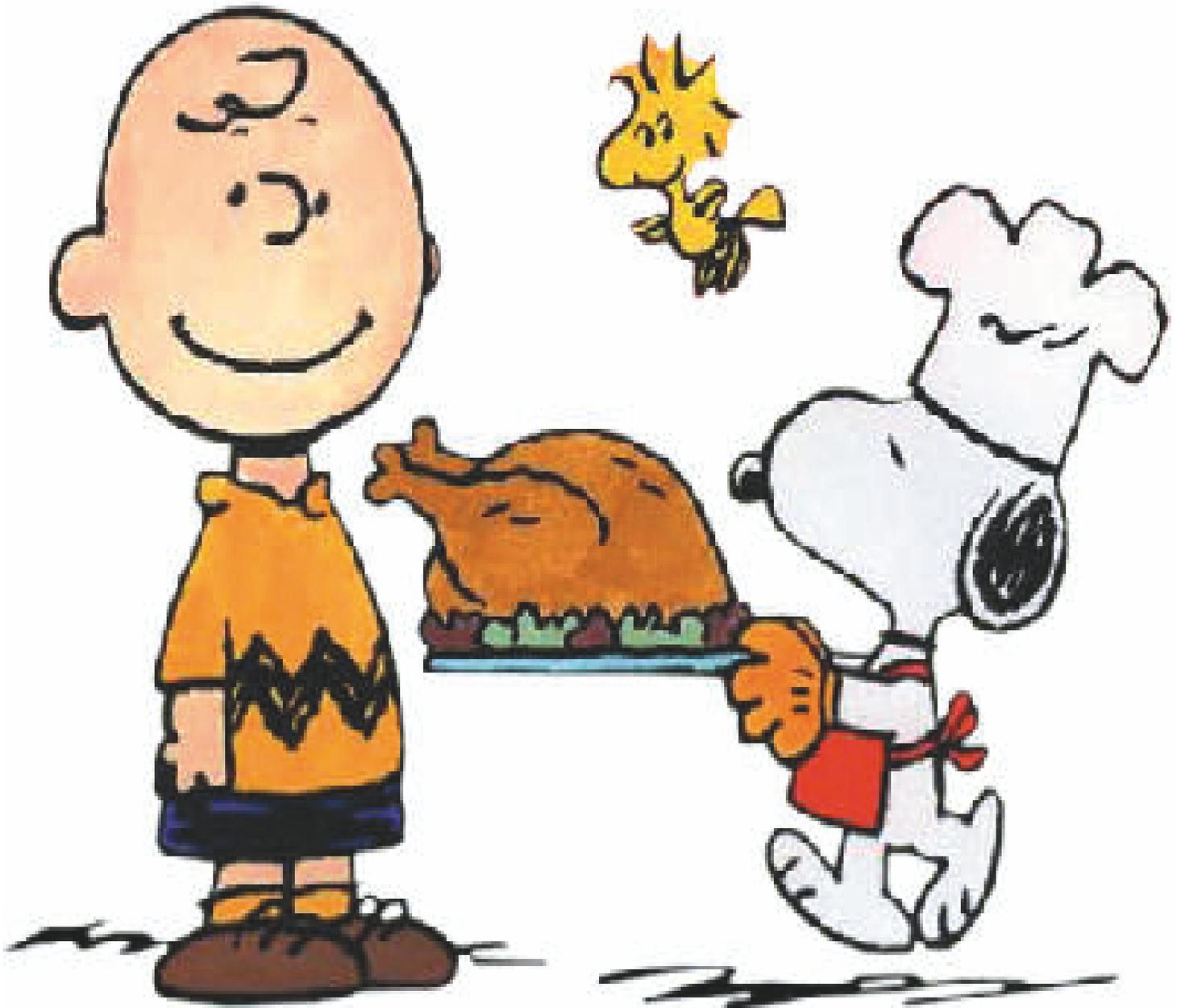
Township of Saddle Brook

Senior Center News

8 Caldwell Avenue

(201) 845-4594

Director Joseph Lecce



NOVEMBER 2019

The Senior Center is available for seniors age 55 years and older

Joseph J. Caggiano, Dir. Lisa M. Caggiano, Mgr. Richard J. Meade, Dir.
 NJ Lic. No. 4083 NJ Lic. No. 3934 NJ Lic. No. 4962

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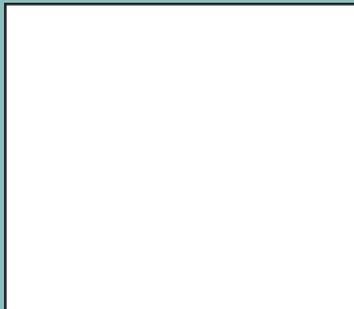
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Around The Town



The Senior Club monthly luncheon was held at Que Pasta on October 15th. Mayor White had the pleasure of swearing in Cecelia Lipari (daughter-in-law of the late Lou Lipari, former president). In attendance was Sunshine Ann Howard, Treasurer Angie Karcich, and Secretary Pat Fiore.



The seniors had a great time playing Chicken Bingo
Sunday, Oct. 20, 2019



SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 BINGO 12:45	2
3	4 Line Dancing 10:00 AARP Meeting 1:00	5 CENTER-CLOSED ELECTION DAY Office Open Bus will run	6 BINGO 12:45 Blood Pressure 11:00—12:30	7 Exercise 10:15 Happy Stitchers 1:00	8 BINGO 12:45	9
10	11 CLOSED VETERANS DAY	12 Exercise 10:15	13 BINGO 12:45	14 Exercise 10:15 Senior Advisory 10:30 Happy Stitchers	15 BINGO 12:45	16
17	18 Line Dancing 10:00 Blood Pressure 11:00—12:30 Senior Club AC TRIP Call Angie 201.796.0904	19 Exercise 10:15	20 BINGO 12:45	21 Exercise 10:15 Happy Stitchers 1:00	22 BINGO 12:45	23
24	25 Line Dancing 10:00	26 Exercise 10:15	27 Closed NO BINGO HAVE A HAPPY THANKSGIVING	28 Closed Thanksgiving Day	29 Closed Day After Thanksgiving	30

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RECIPE AND SCHEDULE

Leftover Thanksgiving Panini

2 tablespoons of Dijon Mustard
2 slices of sourdough sandwich bread
2 slices of swiss cheese
1/3 cup of shredded roasted turkey
3 tablespoons of cranberry sauce
1/3 cup of stuffing
2 tablespoons of gravy
2 tablespoons of butter at room temperature

1. Spread mustard on both slices of bread and lay a slice on cheese on each piece.
2. On one slice of bread arrange the turkey and cranberry sauce. On the other slice of bread lay on the stuffing and spoon gravy over the top.
3. Carefully unite the two slices into one sandwich and spread the top side of the bread with 1 tablespoon of the butter.
4. Place butter side down into grill pan or skillet over medium-low heat. Then spread the top with the remaining butter.
5. Press down using a sandwich press or second skillet. Flip to grill the other side and ENJOY!



RECYCLING CALENDAR

November 1 Newspaper
November 8 Commingled
November 15 Newspaper
November 22 Commingled
November 29 Newspaper
December 6 Commingled

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. On Thursday we go food shopping and on Friday we go the malls. Please call to reserve a spot on Mondays. The bus also picks up on Wednesday & Friday for Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$30 and \$30 back. Please call Angie 201.796.0904.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010.

AARP MEETINGS

November 4 meeting
December 16 Christmas Luncheon

AARP TRIPS

To reserve a spot call Marie Shust (201) 281-1099
November 13 11:00 Stony Hill Inn Tribute American \$50

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula (201) 755-4960

SADDLE BROOK SENIOR CLUB

For membership call Henry (201) 796-7225.



AARP & Senior Club Christmas Luncheon **12/16**
from 12:30—4:30 at the Venetian in Garfield

Cost \$10 for AARP & Senior Club Members
\$50 for guests

Members & Guests planning to attend **must pay by**
December 2



WORD WISE

THANKSGIVING WORD SEARCH

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E B N S R X P U F X I Y E K R U T I P H R L F
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B Q N T O S V G E O L V U Y T K V Q F O X C Q
B G R E G N Y L B L E S S I N G S N J C U Y A

Blessings
Corn
Cornucopia
Cranberry

Family
Feast
Gather
Gratitude

Harvest
Indians
November
Pilgrims

Pumpkin Pie
Stuffing
Sweet Potatoes
Thanksgiving

Tradition
Turkey

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October Riddles

1. Because they don't have organs
2. They both come out at night
3. A pumpkin patch
4. Because of all the Coffin!
5. Because Vacuum cleaners are too heavy

NOVEMBER SCRAMBLE

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YIAMTRLI _____

VBYRREA _____

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Stephen P. Conte, Jr. Manager

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Halloween Party



SADDLE BROOK SENIOR CITIZEN HALLOWEEN PARTY
MONDAY, OCT. 22, 2019

Our seniors had a frightful time at their annual Halloween costume party at the SB VFW. Thank you to all who attended and assisted, especially Senior Director Joe Lecce who planned and organized the event, with assistance from Councilwoman Karen D'Arminio and Christine Genuario. **Special thanks** to Franks Pizzeria, Golden Pub and Mucci's Deli for donating the food .