

SADDLE BROOK SENIOR CENTER
8 CALDWELL AVENUE
SADDLE BROOK, NJ 07663
(201)845-4594
Hours: 8:00—3:30



DECEMBER 2020

The Senior Center is available for seniors age 55 years and older



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Around The Town



Toys for Tots donations are now being accepted at the Saddle Brook Police Department and the Saddle Brook Senior Center until December 19th. All donations should be new and unwrapped.



Nolan Shanahan's Eagle Scout Project. Little Free Library Book Sharing Boxes can be found at five locations throughout town; town hall, senior center, VFW, building department, and engine 1 fire house.



**HOLIDAY HOME DECORATING CONTEST
REGISTRATION BEGINS ON DECEMBER 1ST.
CALL 201-587-2903 .**

Winners will receive a gift and certificate.

Photos and results will be shared on the township Facebook page.

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Exercise 10:15	2 BINGO 1:00	3 Exercise 10:15	4 BINGO 1:00	5
	6 CLOSED	7 Exercise 10:15	8 BINGO 1:00	9 Exercise 10:15 	10 BINGO 1:00	11 BINGO 1:00
12	13 Line Dancing 10:00	14 Exercise 10:15	15 BINGO 1:00	16 Exercise 10:15	17 BINGO 1:00	18
19	20 Line Dancing 10:00 	21 CLOSED	22 CLOSED			
23	24 CLOSED	25 CLOSED	26 CLOSED	27 CLOSED		
28	29 CLOSED	30 CLOSED	31 CLOSED			

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RECIPE AND SCHEDULE

Fig Glazed Pork Tenderloin



Ingredients

1 pork tenderloin (1 pound) cut into 8 slices
1/2 teaspoon salt 1/2 teaspoon pepper
1 tablespoon olive oil 1/3 cup fig preserves
3 tablespoons apple juice 1 garlic clove minced
1-1/2 teaspoons Worcestershire sauce
3/4 teaspoon curry powder

Directions

- 1 Sprinkle pork with salt and pepper. In a large skillet heat oil over medium-high heat .brown pork on both sides; remove from pan
- 2 Add preserves ,juice, vinegar, Worcestershire sauce, garlic and curry powder to same pan; bring to a boil. Return pork to pan, Reduce heat ;simmer covered until thermometer inserted in pork reads 145° 5-7 minutes .Let stand 5 minutes before serving.

RECYCLING CALENDER

December 4 Commingled
December 11 Paper
December 18 Commingled
December 25 Paper
January 1 Commingled



DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the **Doctor only** on Monday through Thursday from 8 to 1 pm

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010 .**NO BUS**

AARP MEETINGS

AARP TRIPS

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula (201) 755-4960

SADDLE BROOK SENIOR CLUB For membership call Henry (201) 796-7225.



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H S N E E R T E N I P D J S S
C S C T M I T T E N S Y A N N
T E P A E L C I C I F K O A G
O J E K R H B O O T S W M C I
H Y U S E F D N I W B W O V V
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03-1148

IN THE SPOTLIGHT



November 7, 2020: The Acme Supermarket of Saddle Brook donated Kind nutrition bars and Acme muffins to the Saddle Brook Food Pantry housed at the First Reformed Church. The donation was facilitated by the Saddle Brook Community Partnership Committee. Special thanks to Committee Coordinator Howard Weinberg for working with representatives of the Acme. Pictured from right to left are: Pastor Christopher Wolf of First Reformed Church, Mayor Bob White, Acme Manager Eugene Pate, and Howard Weinberg. Thank you Acme Supermarket for your kindness and generosity!



Compassion and partnership in Saddle Brook! Please join in thanking and celebrating The Saddle Brook Woman's Club for their dozens of bags of food (picture) donated to the food pantry; and the VFW for a huge financial donation that will enable us to purchase supplies for Thanksgiving baskets for people in need this season! Working together to serve the community! Blessings and gratitude .