

SADDLE BROOK SENIOR CENTER

8 CALDWELL AVENUE

SADDLE BROOK, NJ 07663

(201)845-4594

Hours: 8:00—3:30



MARCH 2021

The Senior Center is available for seniors age 55 years and older



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Around The Town

**Township of Saddle Brook
Community Partnership & Access for All
93 Market Street
Saddle Brook, New Jersey 07663**

Dear Residents,

As unprecedented, challenging, and sorrowful as 2020 was, it's in times like these that we also discover qualities and strength in greater supply than ever before.

We write to share our appreciation and admiration for the residents, leaders, businesses such as Acme Food Market and Wal-Mart, emergency service personnel, teachers, school administrators, students, senior citizens, clubs and associations, faith communities, and social service agencies of Saddle Brook Township - who together demonstrated the best in the worst of times. Through the Saddle Brook Community Partnership, we all worked together to inspire, coordinate, and enable compassion, concern, generosity, help, prayer, food, supplies, transportation, hope, and other assistance for those in need.

Since many of our challenges continue here in 2021, we remain committed to the power of collaboration and partnership; and we invite more members of the Saddle Brook community to join this noble effort; as well as to continue to seek help. For more information about volunteering or assistance, please call the hotline, 201 587-2903 or visit www.saddlebrooknj.us.

Again, thank you for helping to make Saddle Brook a compassionate and united community to live, work, and serve.

Robert White, Mayor
Rev. Christopher Wolf, Pastor, First Reformed Church
Saddle Brook Community Partnership

SADDLE BROOK SENIOR CENTER

**SENIOR CENTER
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RECIPE AND SCHEDULE

Cheddar Chicken Pot Pie



DIRECTIONS

- For crust, in a small bowl, combine flour and salt. Cut butter in flour until mixture resembles coarse crumbs. Gradually add the water, mixing gently with a fork. Gather into a ball. Cover and chill at least 30 minutes.
 - For filling, place broth in a Dutch oven; bring to a boil over high heat. Add vegetables. Reduce heat; simmer until vegetables are tender, 10-15 minutes.
 - In a small bowl, combine flour and milk; stir into broth mixture. Cook and stir over medium heat until slightly thickened and bubbly. Stir in cheese, chicken, poultry seasoning, salt and pepper. Heat until cheese melts. Spoon into a 10-in. cast-iron or other ovenproof skillet. Set aside.
 - On a lightly floured surface, roll dough for crust to fit top of casserole, trimming edges as necessary. Place on casserole over filling; seal edges. Make several slits in center of crust for steam to escape.
- Bake at 425° until golden brown, about 40 minutes.

INGREDIENTS

- **CRUST:**
 - 1 cup all-purpose flour
 - 1/2 teaspoon salt
 - 5 tablespoons cold butter, cubed
 - 3 tablespoons cold water
 - **FILLING:**
 - 1-1/2 cups chicken broth
 - 2 cups peeled cubed potatoes
 - 1 cup sliced carrots
 - 1/2 cup sliced celery
 - 1/2 cup chopped onion
 - 1/4 cup all-purpose flour
 - 1-1/2 cups whole milk
 - 2 cups shredded sharp cheddar cheese
 - 4 cups cubed cooked chicken
 - 1/4 teaspoon poultry seasoning
- Salt and pepper to taste

RECYCLING CALENDAR

March	5 Paper
March	12 Commingled
March	19 Paper
March	26 Commingled
April	2 Paper



DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the **Doctor only** on Monday through Friday from 8 to 1 pm

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010 .**NO BUS**



WORD WISE



St. Patrick's Day Word Search



Search for the words hidden up, down, left and right.

C	K	X	K	W	L	D	C	S	H	F	U	D	D	N	T
N	X	G	M	D	W	S	L	E	T	L	V	D	G	J	W
U	T	F	X	O	U	K	M	V	H	S	I	R	I	B	L
M	U	S	I	C	L	O	V	E	R	K	H	C	E	T	W
T	L	Z	A	Z	G	L	K	N	X	H	G	Y	X	U	Q
W	R	N	D	H	D	G	X	T	H	D	T	K	H	S	G
Y	V	U	Y	X	S	G	C	E	D	Y	H	C	R	A	M
B	Q	M	D	G	R	C	L	E	H	A	V	O	C	L	X
J	K	W	L	U	C	K	C	N	Y	P	G	R	Y	U	A
D	K	C	I	R	T	A	P	T	F	N	I	M	I	D	X
E	W	B	O	V	X	D	S	H	A	E	J	A	I	M	Z
S	U	Q	P	K	P	L	E	P	R	E	C	H	A	U	N
K	T	W	B	Y	F	O	R	J	J	R	U	S	Q	T	W
I	F	C	I	O	F	A	I	R	Y	G	Q	W	A	K	O
J	Q	T	W	G	Y	K	Z	I	G	D	X	T	P	P	I
X	C	Z	N	J	O	F	A	N	H	K	L	I	S	J	A

CLOVER
IRISH
LUCK
PATRICK

FAIRY
JIG
MARCH
SEVENTEENTH

GREEN
LEPRECHAUN
MUSIC
SHAMROCK



WORD SCRAMBLE

IMSCU _ _ _ _ _

OASHRKCSM _ _ _ _ _

NDCIGAN _ _ _ _ _

NDRAEIL _ _ _ _ _



RIDDLE

What is Irish and left
out on the lawn all
summer?

Patrick J. Conte

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Stephen P. Conte, Jr. Manager

NJ Lic No. 3785



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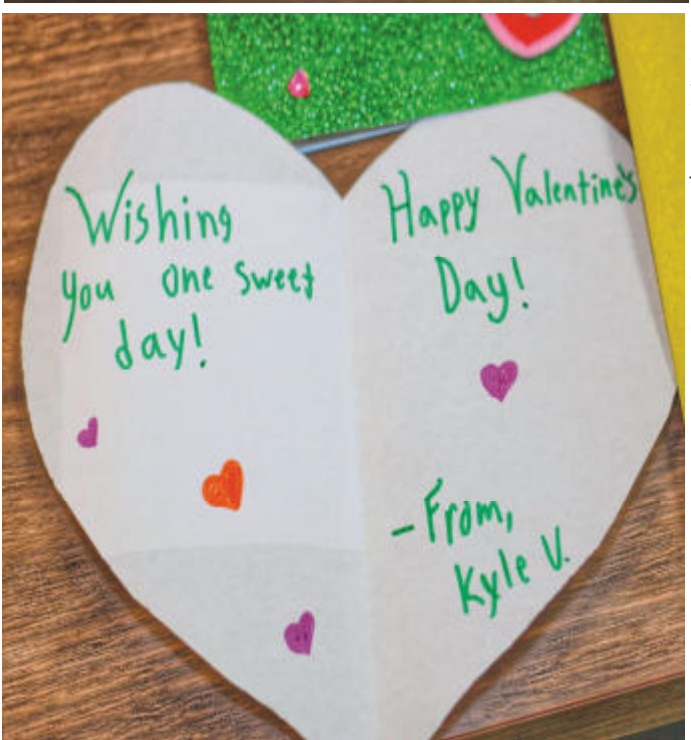
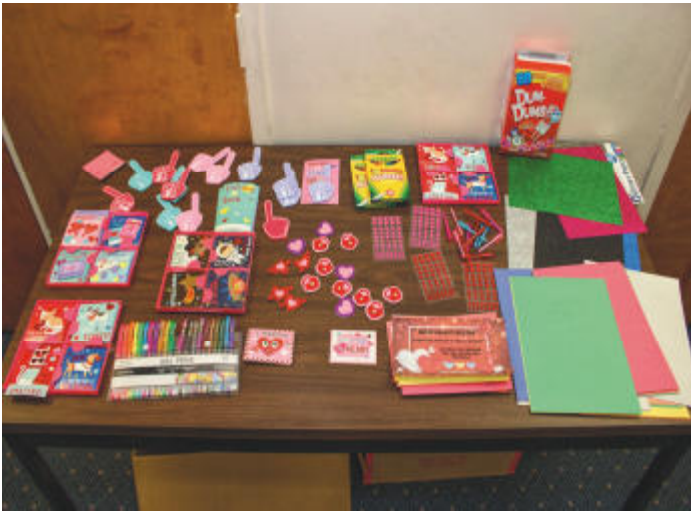
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03-1148

IN THE SPOTLIGHT



Members of the Mayor's Youth Group met at Town Hall to make Valentine's Day Cards for our local township seniors to spread love and joy for Valentine's Day. Thank you to everyone who attended or sent cards in and used creativity to spread messages of love.

