

SADDLE BROOK SENIOR CENTER

8 CALDWELL AVENUE

SADDLE BROOK, NJ 07663

(201)845-4594

Hours: 8:00—3:30



MAY 2021

The Senior Center is available for seniors age 55 years and older

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Around The Town

COVID-19 TESTING

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OPEN

MONDAY & WEDNESDAY 10:00—6:00

SATURDAY 10:00—3:00

REGISTER ONLINE AT: testnj.online

WALK-IN OR DRIVE-THRU

Please have on hand insurance ID—Non insured individuals provide social security number of applicable

NO OUT OF POCKET COST TO PARTICIPANT

Appointments are currently available for the Moderna vaccine at the Alternative Care Facility Annex at Bergen New Bridge Medical Center and are unaffected by the J&J/Janssen pause.

Please schedule at BergenCovidVaccine.com

If you require assistance scheduling for Ages 55+ please contact our Call Center at (201) 967-4070

Operators are available Monday through Friday, 9AM-6PM.
Please have your insurance information available.



NewBridgeHealth.org
230 E. Ridgewood Ave., Paramus, NJ



SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4				
9 	10					
16	17	18 Exercise 10:15	19 BINGO 1:00	20 Exercise 10:15	21 BINGO 1:00	22
23	24	25 Exercise 10:15	26 BINGO 1:00	27 Exercise 10:15	28 BINGO 1:00	29
30	31 					

WELCOME BACK!
THE CENTER WILL
OPEN BEGINNING
MAY 18th FOR
DANCE & BINGO

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RECIPE AND SCHEDULE

Grilled Brown Sugar-Mustard Chicken



Ingredients

- 1/2 cup yellow or Dijon mustard
- 1/3 cup packed brown sugar
- 1/2 teaspoon ground allspice
- 1/4 teaspoon crushed red pepper flakes
- 8 boneless skinless chicken thighs (about 2 pounds)

Directions

- In a large bowl, mix mustard, brown sugar, allspice and pepper flakes. Remove 1/4 cup mixture for serving. Add chicken to remaining mixture; toss to coat.
- Grill chicken, covered, over medium heat or broil 4 in. from heat 6-8 minutes on each side or until a thermometer reads 170°. Serve with reserved mustard mixture.

RECYCLING CALENDAR

May 7	Commingled
May 14	Paper
May 21	Commingled
May 28	Paper
June 4	Commingled
June 11	Paper



DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the **Doctor only** on Monday through Friday from 8 to 1 pm

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010 **.NO BUS**



WORD WISE

Name _____

Memorial Day

l a z d t u o s t c y m
a r m e d f o r c e s e
s l e c r a g e t m i m
t i h o n o r m v e r o
m n d r b e a e l t v r
o g u a r s v m t e k i
n t e t x l e b i r y a
d o m e y r s e b i z l
a n z r b t t r s e n d
y j e v o f l a g s t a
v o p a t r i o t i c y
m c i v i l w a r w o k



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Arlington
Civil War
graves
Memorial Day

Armed Forces
decorate
honor
patriotic

cemeteries
flags
Last Monday
remember

NAME THE PRESIDENT

- 1 Which president was nicknamed Old Hickory ?
- 2 Which president was known as Silent Cal ?
- 3 Who became president at the close of World War II ?

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IN THE SPOTLIGHT

SADDLE BROOK MAYOR'S YOUTH GROUP TRI-CENTENNIAL PARK EARTH DAY PLANTING AND CLEAN UP. THANK YOU S.B. COUNCILMAN DAVID GIEREK AND N.J. DISTRICT 38 ASSEMBLYWOMAN LISA SWAIN FOR JOINING US AND HELPING OUT.

