

SADDLE BROOK SENIOR CENTER
8 CALDWELL AVENUE
SADDLE BROOK, NJ 07663

(201)845-4594

Hours: 8:00—3:30



SEPTEMBER 2021

The Senior Center is available for seniors age 55 years and older

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jrosenman@4LPi or (800) 477-4574 x6421



Around The Town

TOWNSHIP OF SADDLE BROOK
TOWN WIDE



**SATURDAY & SUNDAY
OCTOBER 9 & 10, 2021
9:00 AM – 5:00 PM**

The 2021 Saddle Brook Town Wide Garage Sale will be held on **Saturday & Sunday, October 9th and 10th 2021** from 9:00 AM to 5:00 PM.

If you wish to participate, please fill out the registration form below and return it to Town Hall by Friday, October 1st. There is no fee for this registration.

Advertisement is planned to include the Township website and Facebook page and Town Hall Bulletin Board Sign. A list of all participating addresses will be available online at the Township Website www.saddlebrooknj.us.

Please note signs are to be posted on private property only. Signs are not allowed on trees, telephone poles or street sign poles. All signs must be removed with 24 hours after the sale ends.

Please forward the form to Town Hall by Friday, October 1, 2021. Fax 201-587-2908 or e-mail joolaan@saddlebrooknj.gov.

Name: _____

Address: _____

Phone: _____

BERGEN COUNTY SURROGAT

MICHAEL DRESSLER

PRESENTS

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SEPTEMBER 28th

2:00 P.M.

AT THE SENIOR CENTER

TOPICS FOR DISCUSSION

INCLUDE

POWER OF ATTORNEY

ADVANCE DIRECTIVES

PROBATE

WILLS



Call Joe for information (201) 845-4594

PAPER RECYCLING EVENT

SEPTEMBER 25th

55 MAYHILL STREET

9:00 a.m.—1:00 p.m.

4 bags—10 lbs. limit

**No books, magazines or
newspapers will be accepted**

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 BINGO 1:00	2 Exercise 10:15 Happy Stitches 1:00	3 CLOSED	4
5	6 Line Dancing 10:00 AARP Meeting 1:00	7 Exercise 10:15	8 BINGO 1:00	9 Exercise 10:15 Happy Stitches 1:00 Blood Pressure 9:30-11:00	10 BINGO 12:00	11
12	13 Line Dancing 10:00	14 Exercise 10:15	15 BINGO 1:00	16 Exercise 10:15 Happy Stitches 1:00	17 BINGO 1:00	18
19	20 Line Dancing 10:00	21 Exercise 10:15	22 BINGO 1:00	23 Exercise 10:15 Happy Stitches 1:00	24 BINGO 1:00	25 Paper Shredding 9am-1pm
26	27 Line Dancing 10:00	28 Exercise 10:15	29 BINGO 1:00	30 Exercise 10:15 Happy Stitches 1:00		

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RECIPE AND SCHEDULE

Deconstructed Pear Pork Chops



- package (6 ounces) cornbread stuffing mix
- 4 boneless pork loin chops (6 ounces each)
- 1/2 teaspoon pepper
- 1/4 teaspoon salt
- 2 tablespoons butter
- 2 medium pears, chopped
- 1 medium sweet red pepper, chopped
- 2 green onions, thinly sliced

- Prepare stuffing mix according to package directions. Meanwhile, sprinkle chops with pepper and salt. In a large skillet, brown pork chops in butter. Sprinkle with pears and red pepper.
- Top with stuffing and onions. Cook, uncovered, over medium heat until a thermometer inserted in pork reads 145°, 8-10 minutes.

RECYCLING CALENDAR

September 3	Paper
September 10	Commingled
September 17	Paper
September 24	Commingled
October 1	Paper



DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Tuesday through Friday Food shopping is on Monday. Please call to reserve a spot 1 week in advance. The bus also picks up on Wednesday and Friday For Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

AC CASINO TRIPS

For information Call Maria

973 931 1169

AARP MEETINGS

September 13 Pizza and Bingo 1PM

October 1 1PM

November 8 1PM

December 13 Christmas Party

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula (201) 755-4960

Saddle Brook Stitches

The stitches club is looking for yarn donations. If you or someone you know would like to donate yarn, please call the center director Joe Lecce (201)845-4594



WORD WISE

Strings Word Search



O Q R D N U A T O S J O Y K Y
 H P A U D Q O U T T S D C X R
 A N T L Z N N R T A S U F D M
 R T I C Y N I Q Q O L L U Y N
 P O U I F N L V L P H N V B D
 O O G M G N I L O I V A O N Z
 S N C E X V V I O L A W R S W
 B S I R H K N D X K N M Z P V
 I A T B V P O Y H L G H J G G
 N K S O A H W Q O D C W Q L J
 K Y U X J S F Q L H Z N E W E
 Q B O N P N S O L Y J R T L T
 H A C S C U A V E L N Y O Z B
 D N A P W Z M B C I Z A K R W
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 VIOLIN



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FLOWERS WORD SCRAMBLE

LAEAZA --- -- -- -- --

TEPAINU --- -- -- -- --

NCTONARAI --- -- -- -- --

FODILADF --- -- -- -- --

HORDIC --- -- -- -- --

ANATOMY TRIVIA

1 What are a person's digits?

2 Is it the father or the mother who determines the sex of a baby?

3 what are two organs in the body where stones are made?

Patrick J. Conte

Funeral Home Inc.

Stephen P. Conte, Jr. Manager

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IN THE SPOTLIGHT

NATIONAL NIGHT OUT 2021

