

SADDLE BROOK SENIOR CENTER

8 CALDWELL AVENUE

SADDLE BROOK, NJ 07663

(201)845-4594

Hours: 8:00—3:30



MARCH 2022

The Senior Center is available for seniors age 55 years and older

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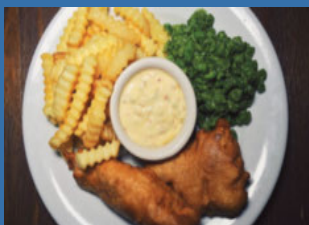
Around The Town

CHICKEN BINGO SUNDAY MARCH 27

Call Joe Lecce for information 201 845 4594



On Wednesday, February 16th, the Sunrise Fair Lawn Rotary provided lunch for the members of our Senior Citizen Center. Our seniors were treated to sandwiches from Family Affair Italian Deli in Fair Lawn. Mayor Bob White, Council President Flo Mazzer,, Councilwoman Karen D'Arminio, and Recreation Director Andy Gallo attended the lunch and thanked the members of Fair Lawn Sunrise Rotary for their kindness and generosity.



SADDLE BROOK VOLUNTEER AMBULANCE CORPS

ANNUAL FISH & CHIPS

Drive—Thru Event—April 15th—4:30 p.m.

55 Mayhill Street - tickets available on-line

ticketstripe.com/SBVACfishandchips2022

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Exercise 10:15	2 BINGO 1:00 Blood Pressure 11:30	3 Exercise 10:15 Happy Stitchers 1:00	4 BINGO 1:00	5
6	7 Line Dancing 10:00 AARP 12:30	8 Exercise 10:15 SENIOR CLUB 1:00	9 BINGO 1:00	10 Exercise 10:15 Happy Stitchers 1:00 Blood Pressure 9:30-11:00	11 BINGO 1:00	12
13 DAYLIGHT SAVINGS TIME BEGINS	14 Line Dancing 10:00	15 Exercise 10:15	16 BINGO 1:00	17 Exercise 10:15 Happy Stitchers 1:00 	18 BINGO 1:00	19
20 	21 Line Dancing 10:00	22 Exercise 10:15	23 BINGO 1:00	24 Exercise 10:15 Happy Stitchers 1:00	25 BINGO 1:00	26
27 CHICKEN BINGO	28 Line Dancing 10:00	29 Exercise 10:15	30 BINGO 1:00	31 Exercise 10:15 Happy Stitches 1:00		

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RECIPE AND SCHEDULE

Prosciutto Pasta Toss



- 1 package (16 ounces) linguine
- 1/2 cup fresh or frozen peas, thawed
- 2 tablespoons minced garlic
- 1 tablespoon Italian seasoning
- 1 teaspoon pepper
- 1/4 cup olive oil
- 1/2 pound thinly sliced prosciutto or deli ham, chopped
- 1/4 cup shredded Parmesan cheese

Directions

1. Cook linguine according to package directions, adding peas during the last 3 minutes. Meanwhile, in a large cast-iron or other heavy skillet, sauté garlic, Italian seasoning and pepper in oil until garlic is tender, about 1 minute. Stir in prosciutto. Enjoy!

RECYCLING CALENDAR

March	4	Paper
March	11	Commingled
March	18	Paper
March	25	Commingled
April	1	Paper



DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Tuesday through Friday Food shopping is on Monday . Please call to reserve a spot 1 week in advance. The bus also picks up on Wednesday and Friday For Bingo call on Monday for pick up.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

AARP MEETINGS 2022

March	7
April	4
May	2

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula (201) 755-4960

SADDLE BROOK SENIOR CLUB For membership call Henry (201) 796-7225.

AC CASINO TRIPS

For information

Call Maria at 973 931 1169

WORD WISE

St. Patrick's Day Wordsearch

P	E	F	K	C	O	R	M	A	H	S	D	U	O	D	P	S	T
O	W	R	R	I	A	E	B	M	S	A	T	D	G	Q	A	R	P
X	I	E	D	G	J	Z	L	S	N	I	M	F	R	O	T	I	O
X	S	T	D	K	R	E	C	S	G	N	S	W	M	L	R	U	L
T	H	Y	S	E	Q	N	R	H	G	T	E	W	N	S	I	A	E
S	E	A	N	T	F	I	E	T	A	R	B	E	L	E	C	L	A
T	S	E	I	F	H	I	E	C	B	R	U	S	U	G	K	H	Y
U	O	I	O	X	M	K	H	A	J	K	M	A	C	E	R	N	U
M	A	R	C	H	F	Y	A	E	P	O	I	U	K	Y	S	T	S
I	W	T	S	L	R	P	B	L	A	R	N	E	Y	Q	T	O	H
R	T	A	E	W	O	X	N	I	R	O	P	A	T	N	O	C	I
E	I	C	W	C	E	V	R	N	A	M	T	U	E	C	N	I	L
L	R	G	T	S	E	N	E	M	D	Y	A	O	N	I	D	O	L
A	E	I	L	O	D	L	A	R	E	M	E	N	P	D	H	N	E
N	B	Y	H	E	N	T	Y	A	S	C	N	I	L	Y	A	E	L
D	L	O	G	E	T	K	D	A	I	R	C	N	L	S	E	U	A
O	G	T	R	A	I	N	B	O	W	A	S	E	P	V	P	O	G
U	W	P	E	S	F	C	X	W	E	T	F	E	S	A	L	I	H
N	B	L	E	L	K	T	J	N	M	D	V	A	Z	F	M	P	U
E	R	S	N	U	A	H	C	E	R	P	E	L	V	C	B	N	Y

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Clover
Coins

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