

**SADDLE BROOK SENIOR CENTER**

**8 CALDWELL AVENUE**

**SADDLE BROOK, NJ 07663**

**(201)845-4594**

**Hours: 8:00-3:30**



**MARCH 2023**

The Senior Center is available for seniors age 55 years and older

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# Around The Town

## SADDLE BROOK SCHOOL DISTRICT BOND REFERENDUM VOTE

MARCH 14, 2023 1:00-8:00 PM

STATE AID: WE CAN'T AFFORD TO WAIT

**\$14.4 MILLION IN IMPROVEMENTS, STATE PAYS \$4.2 MILLION**

Community feedback after the December vote helped the Board of Education pare back the project list and focus on projects that would receive the maximum amount of state aid.

Voter approval of the March referendum means the schools could capture \$4.2 million in state aid – or 29% of the project costs.

Regardless of the March vote outcome, the school district will need to make these critical infrastructure repairs. The community's decision determines whether schools receive this specific type of state aid to offset the local tax impact or miss out on this funding. Saddle Brook either uses or loses it!

By timing this state aid with expiring debt from the last major school renovations, the owner of a home assessed at Saddle Brook's average would actually pay less for school debt than what they are currently paying.



## Senior Freeze Property Tax Reimbursement

### 2022

#### Eligibility Requirements: \*

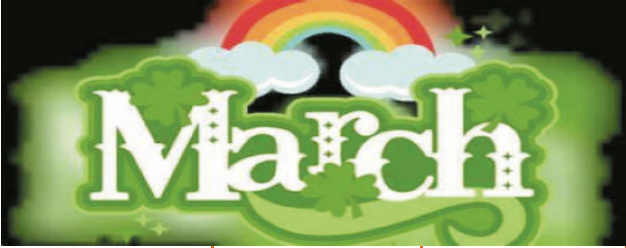

- You were age 65 or older on December 31, 2021, or you were receiving Social Security disability payments on December 31, 2021, and also on December 31, 2022;  
*and*
- You lived in New Jersey continuously since December 31, 2011, or earlier as either a homeowner or renter;  
*and*
- You owned and lived in your home or leased a site in a mobile home park for a manufactured or mobile home that you owned since December 31, 2018, or earlier;  
*and*
- You paid all 2021 property taxes by June 1, 2022, and all 2022 property taxes by June 1, 2023;  
*and*
- Your annual income was less than \$94,178\* in 2021 and less than \$99,735\* in 2022. With some exceptions, all income must be taken into account, including Social Security, pension, etc.

\* Eligibility rules, income limits, and benefits may be changed by the State Budget that will take effect on July 1, 2023.

#### For Additional Information:


- Visit: [nj.gov/taxation](https://nj.gov/taxation), select *Property Tax Relief* and then *Senior Freeze Program*;
- Call the Senior Freeze Hotline: 1 (800) 882-6597.


# SADDLE BROOK SENIOR CENTER


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <b>BINGO</b> <b>Blood Pressure</b> <b>12:00-1:00</b>	2 <b>Exercise 10:15</b> <b>Happy Stitches 1:00 PM</b>	3 <b>BINGO 1:00 PM</b>	4
5	6 <b>Line Dancing 10:00 AM</b> <b>AARP Meeting 12:30</b>	7 <b>Exercise 10:15 AM</b> <b>Senior Meeting 1:00</b>	8 <b>BINGO 1:00</b>	9 <b>Exercise 10:15</b> <b>Happy Stitches 1:00 PM</b> <b>Blood Pressure 9:30-11:00</b>	10 <b>BINGO 1:00</b>	11
12 	13 <b>Line Dancing 10:00</b>	14 <b>CLOSED Election</b>	15 <b>BINGO 1:00</b>	16 <b>Exercise 10:15</b> <b>Happy Stitches 1:00 PM</b>	17 <b>BINGO 1:00</b>	18
19	20 <b>CLOSED</b>	21 <b>Exercise 10:15 AM</b>	22 <b>BINGO 1:00</b>	23 <b>Exercise 10:15</b> <b>Happy Stitches 1:00PM</b>	24 <b>BINGO 1:00</b>	25
26	27 <b>Line Dancing 10:00 AM</b>	28 <b>Exercise 10-15AM</b>	29 <b>BINGO 1:00</b>	30 <b>Exercise 10:15</b> <b>Happy Stitches 1:00PM</b>	31 <b>BINGO 1:00</b>	

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# RECIPE AND SCHEDULE

## Garden Chicken Cacciatore

1. Place chicken in a 4- or 5-qt. slow cooker. In a medium bowl, combine green peppers, tomatoes, tomato paste, onion, broth, wine, garlic, salt and pepper; pour over chicken. Cook, covered, on low 8-10 hours or until chicken is tender.
  2. In a small bowl, mix cornstarch and water until smooth; gradually stir into slow cooker. Cook, covered, on high 30 minutes or until sauce is thickened. If desired, sprinkle with parsley before serving.
- 12 boneless skinless chicken thighs (about 3 pounds)
  - 2 medium green peppers, chopped
  - 1 can (14-1/2 ounces) diced tomatoes with basil, oregano and garlic, undrained
  - 1 can (6 ounces) tomato paste
  - 1 medium onion, chopped
  - 1/2 cup reduced-sodium chicken broth
  - 1/4 cup dry red wine or additional reduced-sodium chicken broth
  - 3 garlic cloves, minced
  - 3/4 teaspoon salt
  - 1/8 teaspoon pepper
  - 2 tablespoons cornstarch
  - 2 tablespoons cold water
  - Minced fresh parsley, optional



March 3 Paper  
March 10 Commingled  
March 17 Paper  
March 24 Commingled  
March 31 Paper  
April 7 Commingled



### AARP MEETINGS 2023

First Meeting is March 6 at 12:30

### SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula (201) 755-4960

### DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Tuesday through Friday Food shopping is on Monday. Please call to reserve a spot 1 week in advance. The bus also picks up on Wednesday and Friday For Bingo call on Monday for pick up. For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

AC CASINO TRIPS

Call Marie 973 931 1169

### Saddle Brook Stitches

Are looking for donations of yarn. If you or someone you know would like to

donate yarn, please call

Joe Lecce 201 845 4594



# WORD WISE

Name : \_\_\_\_\_

Date : \_\_\_\_\_



## March Madness Word Search



Arizona

Dayton

Bunny

Knicks

Bucknell

Foulshot

Gonzaga

Turnover

Rebound

Bankshot

W	R	H	N	C	N	O	T	Y	A	D	V	C	Z	L	M	H	V	A	D	Q	C	D	K	N
D	X	H	G	I	P	P	P	M	A	Z	S	H	Y	O	S	F	G	V	Y	L	Z	J	G	Y
H	L	I	E	H	Y	L	D	E	U	W	M	I	A	U	O	U	L	X	T	P	T	L	L	V
N	F	K	W	C	V	S	V	M	K	X	S	E	X	I	F	E	S	R	E	T	W	X	H	T
X	O	G	D	O	R	M	K	O	Y	Q	L	K	U	S	R	R	T	I	X	T	V	U	T	I
C	M	T	N	H	A	N	G	T	I	M	E	L	C	V	J	E	P	T	Q	G	B	X	D	T
U	H	P	R	I	N	P	J	P	W	O	N	G	W	I	F	O	V	Z	E	E	E	W	L	Y
F	Q	C	T	E	L	O	B	G	S	Y	C	J	Y	L	N	T	N	O	X	U	A	F	O	U
K	R	H	S	W	D	E	T	E	O	G	Y	X	K	L	H	K	T	A	N	F	Q	G	B	O
V	F	A	M	P	L	A	V	H	N	I	I	N	Z	E	U	T	O	O	Z	R	B	R	S	H
I	T	Q	C	K	T	T	M	A	G	X	R	Y	N	I	Y	Z	I	F	H	Z	U	T	A	I
L	V	B	B	L	G	T	K	E	R	I	S	O	Z	U	T	D	U	O	G	S	C	T	P	M
L	W	S	O	O	J	L	L	A	B	T	E	K	S	A	B	N	C	U	L	O	K	B	U	I
A	S	Z	Y	N	G	O	N	Z	A	G	A	R	C	T	R	G	I	L	Q	G	N	N	J	P
N	M	T	L	R	A	O	K	Q	P	Y	M	J	C	I	S	I	M	S	O	Y	E	R	A	U
O	H	W	A	M	A	L	A	B	J	Y	V	W	X	X	R	Q	Z	H	L	A	L	E	U	B
V	W	B	Z	Y	Y	C	A	F	B	O	D	N	U	O	B	E	R	O	Y	V	L	W	R	P
A	H	E	G	J	F	Y	U	E	X	R	R	V	A	L	B	R	V	T	N	B	W	G	X	Z
E	D	K	N	G	F	F	T	S	Q	F	F	Y	T	J	Q	F	I	A	K	A	V	T	G	F
G	N	V	I	H	L	S	Q	U	E	F	T	J	V	H	R	V	D	R	M	Q	D	L	Q	A

Traveling

Hangtime

Mavericks

Louisville

Marquette

Basketball

Syracuse

Villanova

Creighton

Notre Dame

## Word Scrambler Answers

TEROBEDHT BETROTHED

MTSETNI SMITTEN

HCIOPRTSU COURTSHIP

SMOIEMRE MEMORIES

## Riddle



When is an Irish potato not an Irish potato?

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# IN THE SPOTLIGHT

**Bill Wright, CTRS, of Bergen New Bridge Medical Center came to the Senior Center on Thursday February 9, 2023 to teach Armchair Aerobics to the Senior citizen exercise class .We would like to thank Mr. Wright We looked forward of having him come back for another class.**



**Saddle Brook Happy Stitches (Ann Snyder, Carol Hanzo and Ginny Andress ) met with Chief Executive Officer Philip Driscoll of the Kessler Institute for Rehabilitation Center. The stitchers donated hand knitted blankets to help keep patients warm. If you or anyone you know is interested in joining the Happy Stitches, please contact senior center director Joe Lecce (201)845-4594.**