

SADDLE BROOK SENIOR CENTER
8 CALDWELL AVENUE
SADDLE BROOK, NJ 07663
Tel: (201) 845-4594 - Open: 8:00—3:30



FEBRUARY 2025

AROUND THE TOWN

JANUARY 25, 2025

EAGLE SCOUT TROOP 213

COURT OF HONOR

Charles Henkle III, Owen Kern, and Eduardo Tovar were recognized for attaining the rank of Eagle Scout. Congratulations!



JANUARY 2, 2025

**TOWNSHIP OF SADDLE BROOK
REORGANIZATION MEETING**

Congratulations to Councilwoman Florence Mazzer, Councilman Andrew Cimiluca, and Councilman David Gierak on being re-elected, all three council members were sworn into office.




JANUARY 6, 2025

BOARD OF ED. REORGANIZATION MEETING

Hayley traverso, Victoria Torbic, and Regina Barrale were re-elected and officially sworn in as Trustees. Congratulations!



SENIOR CENTER CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Line Dancing Beginner 9:30 Regular 10:30	4 Exercise 10:15	5 BINGO 12:45	6 Exercise 10:15 Happy Stitchers 1 pm	7 BINGO 12:45	8
9	10 Line Dancing Beginner 9:30 Regular 10:30	11 Exercise 10:15 Blood Pressure 10:30—1 Senior Club 1:00	12 BINGO 12:45	13 Exercise 10:15 Happy Stitchers 1 pm	14 BINGO 12:45 	15
16	17 HOLIDAY CENTER CLOSED Washington's Birthday	18 Exercise 10:15	19 BINGO 12:45	20 Exercise 10:15 Happy Stitchers 1:00	21 BINGO 12:45	22
23 Chicken Bingo	24 Line Dancing Beginner 9:30 Regular 10:30	25 Exercise 10:15	26 BINGO 12:45	27 Exercise 10:15 Happy Stitchers 1:00	28 BINGO 12:45	

Karen Zamani

Broker/Realtor



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RECIPE AND SCHEDULE

MARRY ME CHICKEN

Ingredients: 4 boneless, skinless chicken breasts

1 tsp salt, 1/2 tsp. black pepper, 2 tbsps. olive oil, 1 tbsp. butter,
3 garlic cloves, 1tsp. Italian seasoning, 1/2 tsp. red pepper flakes,
3/4 cup of chicken broth, 1/2 cup of heavy cream, 1/3 cup parmesan cheese,
1/4 cup basil.

Directions: Heat oven 375 degrees, sprinkle chicken with salt & pepper. Heat a skillet over medium heat and add the oil and butter. When the butter is melted, add the chicken breasts and sear 3-4 minutes each side until golden brown. Remove and cover chicken with foil. Reduce the skillet heat to low and add the garlic, Italian seasoning, red pepper flakes. Sauté' for 1 minute and then add chicken broth and stir. Then whisk in the heavy cream, add sun dried tomatoes, and parmesan cheese. Simmer for two minutes. Return the chicken back to the pan, spoon sauce over the chicken and place the pan in the oven to bake for 15 min. Internal temperature of chicken should be 165 degrees. Remove, top with basil and serve.

DO YOU NEED A RIDE TO THE DOCTOR OR FOOD SHOPPING? CALL (201) 845-4594

The Saddle Brook Senior Bus offers transportation to:

Doctors offices - Monday, Tuesday, Wednesday, and Friday

Food shopping -Thursday

Bingo - Wednesday and Friday Call for your reservation (201) 845-4594.

FEBRUARY RECYCLING SCHEDULE

7th Commingled

14th Newspaper

21st Commingled

28th Newspaper

SAVE THE DATE SHREDDING EVENT

Saturday, October 4, 2025

9:00 a.m. - 1:00 p.m.

55 Mayhill Street

Town Hall Parking Lot

Valentine's Day
WORD SCRAMBLE

VEOL _____

ORMECNA _____

ESRHAT _____

ENVTAIELN _____

IUCDP _____

UHG _____

SKSI _____

DFSNRIE _____

HSEATREWET _____

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AHTRE _____

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IN THE SPOTLIGHT

NOTICE: Beginning in March The Saddle Brook Senior Center will be operating out of township civic center located at 55 Mayhill Street. All activities will continue at our new location. Looking forward to all Saddle Brook Seniors joining us.



On Thursday, January 9, 2025, Police Officer Zachary Mazierski, Police Officer William Tommas III, and Police Officer Michael Pappagallo were officially sworn in as members of the Saddle Brook Police Department. Mayor Robert White administered the Oaths of Office in the presence of their family, friends, Chief of Police John Zotollo, and many members of the Saddle Brook Police Department. We wish them a long and fulfilling career.