

SADDLE BROOK SENIOR NEWS
55 MAYHILL STREET
SADDLE BROOK, NJ 07663
Tel: (201) 845-4594 - Open: 8:00—3:30



APRIL 2025

Senior Activities are available for seniors age 55 years and older

AROUND THE TOWN

Saddle Brook Community Food Pantry

The Saddle Brook Community Food Pantry is in need of the following items at this time:

Pancake Mix	Condiments
Pancake Syrup	Salad Dressing
Coffee	Cooking oil
White rice	Feminine sanitary pads
Snacks (cookies, pretzels/chips)	Diapers size 2 and size 5
Personal Care Items	Household cleaners

Donations of gift cards to Shop Rite or Acme are graciously accepted also.

Drop offs can be made at the Municipal Complex or SB Library.

Please note: We cannot accept expired food due to government regulations

Thank you for your support and God bless.

TOWNSHIP OF SADDLE BROOK
TOWN WIDE



FRIDAY, SATURDAY & SUNDAY
May 16th, 17th and 18th, 2025
9:00 AM – 5:00 PM

The 2025 Saddle Brook Town Wide Garage Sale will be held on Friday, Saturday & Sunday, May 16th, 17th and 18th 2025 from 9:00 AM to 5:00 PM.

Volunteer Ambulance Corps. Annual Fish and Chips Dinner

Tickets \$20 Friday April 18, 2025 Fish or Chicken
4:30pm-7:00pm

55 Mayhill st.

Saddle Brook



For Tickets
call Tracey at 201-790-3750



SENIOR ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Exercise 10:15	2 BINGO 12:45	3 Exercise 10:15 Happy Stitchers 1 pm	4 BINGO 12:45	5
6	7 Line Dancing Beginner 9:30 Regular 10:30	8 Exercise 10:15 Senior Club 1:00	9 BINGO 12:45	10 Exercise 10:15 Happy Stitchers 1 pm	11 BINGO 12:45	12
13	14 Line Dancing Beginner 9:30 Regular 10:30	15 Exercise 10:15	16 BINGO 12:45	17 Exercise 10:15 Happy Stitchers 1 pm	18 CLOSED FOR GOOD FRIDAY	19
20 EASTER 	21 Line Dancing Beginner 9:30 Regular 10:00	22 Exercise 10:15	23	24 Exercise 10:15 Happy Stitchers 1:00	25 BINGO 12:45	26
27	28 Line Dancing Beginner 9:30 Regular 10:00	29 Exercise 10:15	30			

Karen Zamani

Broker/Realtor



Building Relationships One Home at a Time!

Call me and let's find the key to your next investment!

C: 201-926-0573 • O: 201-891-6700

kz042369@gmail.com

345 Franklin Avenue, Wyckoff, NJ 07481



COLDWELL BANKER | REALTY



Owned by a subsidiary of Anywhere Advisors LLC

WE'RE ALL ABOUT FAMILY;
AND HAVE BEEN FOR THREE GENERATIONS

Why preplan with us?

If you appreciate peace of mind, you'll understand why it makes sense to preplan with us. We know of no other policies that work as this:

- Spares your family from making detailed decisions at an emotional time
- Ensures that wishes are expressed
- Prevents overspending and can lock in costs

We're experts at preplanning, and know all of the issues that may arise. Call us, you'll be glad you did.

201-797-3500

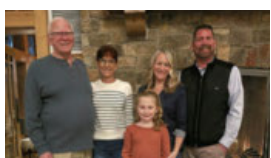
Fair Lawn Location

www.vpfairlawn.com

Franklin Lakes Location

201-891-4770

www.vpmemorial.com



530 High Mountain Rd
Franklin Lakes

Nicholas Vander Plaats, Manager NJ LIC 4711



13-31 Saddle River Road
Fair Lawn

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging,
ad-supported
print and digital
newsletters to reach
your community.

**OUR COMMUNITY
NEWSLETTER**
OCTOBER EDITION



Scan to
contact us!

Visit lpicommunities.com

Di Chiara
Funeral Home

**Family owned and
operated since 1951**

973-779-2386

300 Main Street, Lodi, NJ 07644
www.dichiarafuneralhome.com

Albert J. Di Chiara, Mgr.
NJ Lic No. 4374



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.lpicommunities.com Saddle Brook Senior Ctr., Saddle Brook, NJ 03-1148

RECIPE AND SCHEDULE

Chicken Salad for One

Ingredients:

- 1 shredded cooked skinless, boneless chicken breast
- 1 hard-boiled egg, chopped and 1 celery stick chopped
- 1 tablespoon reduced-fat ranch dressing
- 1 ½ tablespoons reduced-fat mayonnaise
- 1 teaspoon paprika
- salt and ground black pepper to taste



Combine chicken, egg, ranch dressing, mayonnaise, paprika, salt, and pepper in a small bowl and serve.

RECYCLING SCHEDULE

April 4	Commingled
April 11	Paper
April 18	Commingled
April 25	Paper

SAVE THE DATE

**THE 2025 PAPER SHREDDING EVENT IS SCHEDULED
OCTOBER 4**

9:00 am—1:00 pm

55 Mayhill Street (parking lot)



Do you need a ride?

The Saddle Brook Senior Bus offers rides to doctors offices on Monday, Tuesday, Wednesday, and Friday. Food shopping transportation is available on Thursday and for Bingo on Wednesday and Friday . **Call for your reservation (201) 845-4594.**

WORD WISE

Easter Word Search




V	U	D	Q	N	B	S	N	A	E	B	Y	L	L	E	J	Z	N
W	R	O	W	P	F	L	J	H	W	A	H	X	E	U	G	E	K
F	B	U	N	N	Y	A	D	E	Z	M	C	D	T	R	P	P	C
L	C	Q	K	K	B	M	A	K	F	A	F	R	A	A	M	V	B
C	M	K	R	O	O	B	A	F	X	L	F	Y	L	B	R	T	C
H	F	F	C	M	N	S	I	R	I	H	N	T	O	B	Y	O	D
I	S	I	H	C	N	E	R	F	B	V	W	J	C	I	U	I	Y
C	D	D	G	Y	E	I	E	O	U	A	J	G	O	T	E	R	E
K	X	Y	M	E	T	P	S	N	M	E	P	S	H	G	T	I	X
S	T	T	H	S	S	Y	E	G	G	S	K	H	C	W	Y	R	E
L	E	J	G	G	B	W	H	T	N	I	C	A	Y	H	K	T	C
I	K	V	D	N	G	M	C	J	U	G	U	U	K	N	S	Z	Z
D	S	Y	M	I	E	V	X	S	A	O	E	G	N	I	R	P	S
O	A	H	I	L	W	F	B	T	O	B	T	J	D	G	B	E	D
F	B	W	X	K	E	R	X	C	D	N	I	Q	K	M	L	Z	X
F	N	B	I	C	E	A	S	T	E	R	E	G	G	Y	F	C	L
A	G	B	F	U	W	Z	N	D	Q	S	I	Z	Q	N	O	Q	A
D	R	Q	Z	D	I	I	A	O	F	F	U	N	X	G	J	I	G




BUNNY
DUCKLINGS
BONNET
BASKET
CHICKS



DAFFODILS
EASTEREGG
HYACINTH
SPRING
EGGS



LAMBS
IRIS
JELLYBEANS
RABBIT
CHOCOLATE



Patrick J. Conte

Funeral Home Inc.

Stephen P. Conte, Jr. Manager

NJ Lic No. 3785



201-796-0060

274 Market St. • Elmwood Park

ADVERTISE HERE

to reach your community



Call 800-950-9952

Kessler[®]

INSTITUTE FOR REHABILITATION

A Select Medical Hospital

Top ranked

Specialized programs

Stroke | Brain injury | Spinal cord injury | Cancer
Orthopedic trauma | Amputation | Medically complex
Neurologic conditions | Cancer | Cardiac recovery

888-KESSLER | kessler-rehab.com

**BEST
HOSPITALS**

U.S. News

REHABILITATION
2024-2025

#4 in
the nation

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our
newsletter
emailed
to you.



Visit

www.mycommunityonline.com

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Donna Delgrosso

ddelgrosso@lpicommunities.com
(800) 477-4574 x3107

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502

SUPPORT OUR ADVERTISERS!



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.lpicommunities.com Saddle Brook Senior Ctr., Saddle Brook, NJ 03-1148

IN THE SPOTLIGHT

THE TOWNSHIP CELEBRATES WOMEN IN HISTORY MONTH

During the Council meeting on March 20th, five remarkable women from Saddle Brook were honored for their significant contributions to the community. Each of these women has profoundly impacted the lives of others and is highly respected within the Township. They serve as inspiring role models and deserve special recognition for their achievements. The honorees are:

****Angela Del Casale**** – Outstanding Citizen ****Faith Fitzsimmons**** – Excellence in Education
****Ella Losino**** – Community Service ****Cecilia Lipari**** – Public Service Volunteer ****Melanie Mazzer**** – Business Leader

Congratulations to all the honorees and their families. Additionally, Councilwomen Florence Mazzer and Sarah Sanchez were recognized for their accomplishments.

