

**SADDLE BROOK SENIOR NEWS**

**55 MAYHILL STREET**

**SADDLE BROOK, NJ 07663**

**Tel: (201) 845-4594 - Open: 8:30-2:00**



**July 2025**

**Senior Activities are available for seniors age 55 years and older**

# AROUND THE TOWN

CONGRATULATIONS to Saddle Brook Police Officers on their promotions in rank. Lieutenant Robertt Littlejohn, Jr., Lieutenant Christopher Verost, Sergeant Marcos Torres, Sergeant Joseph Scrafani, and Sergeant Peter Romero. Also, three new officers graduated from the police academy, Class #134. Police Officer Zachary Mazierski, Police Officer William Tommas, III, Police Officer Michael Pappagallo.



MAYOR WHITE AND COUNCIL paid tribute to Ret. Capt. U.S.M.C. Andrew Bruce McFarlane (1948-1971). Family and Friends remembered a true Saddle Brook hero at the dedication ceremony of McFarlane Circle located at the Korean War Monument on Fairlawn Parkway and Skillman Terrace.



SCHOOL IS OUT FOR SUMMER! Graduation day weather was hot and steamy but that did not stop the graduates and their families from celebrating this special milestone. The Township of Saddle Brook wishes all the graduates a fun summer and much success with their future endeavors.





# SENIOR ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	<div> <p><b>CLOSED</b></p> <p><b>FOR SUMMER CAMP</b></p> <p><b>SENIOR ACTIVITIES WILL RESUME</b></p> <p><b>AUGUST 4<sup>th</sup></b></p> </div>					
13						
20	<div>  <p><b>SEE YOU SOON!</b></p> </div>					
27						

# Karen Zamani

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# RECIPE AND SCHEDULE

## Cappellini with Tomatoes And Basil

Kosher salt

- 1/2 cup good olive oil, plus extra for the pot
- 2 tablespoons minced garlic (6 cloves)
- 4 pints small cherry tomatoes or grape tomatoes
- 18 large basil leaves, julienned
- 2 tablespoons chopped fresh curly parsley
- 2 teaspoons chopped fresh thyme leaves
- 1 teaspoon freshly ground black pepper
- 1/2 teaspoon crushed red pepper flakes
- 3/4 pound dried capellini or angel hair pasta
- 1 1/2 cups freshly grated Parmesan cheese

Extra chopped basil and grated Parmesan, for serving

1. Bring a large pot of water to a boil and add 2 tablespoons of salt and a splash of oil to the pot.
2. Meanwhile, heat the 1/2 cup of olive oil in a large (12-inch) sauté pan. Add the garlic to the oil and cook over medium heat for 30 seconds. Add the tomatoes, basil, parsley, thyme, 2 teaspoons salt, the pepper, and red pepper flakes. Reduce the heat to medium-low and cook for 5 to 7 minutes, tossing occasionally, until the tomatoes begin to soften but don't break up.
3. While the tomatoes are cooking, add the capellini to the pot of boiling water and cook for 2 minutes, or according to the directions on the package. Drain the pasta, reserving some of the pasta water.
4. Place the pasta in a large serving bowl, add the tomatoes and Parmesan and toss well. Add some of the pasta water if the pasta seems too dry. Serve large bowls of pasta with extra basil sprinkled on top and a big bowl of extra Parmesan on the side.

## RECYCLING SCHEDULE

July	4	Newspaper
July	11	Commingled
July	18	Newspaper
July	25	Commingled

## SAVE THE DATE

**THE 2025 PAPER SHREDDING EVENT IS  
SCHEDULED OCTOBER 4**

**9:00 am—1:00 pm**

**55 Mayhill Street (parking lot)**

## Do you need a ride?

The Saddle Brook Senior Bus offers rides to doctors offices on Tuesday, 8-12, Wednesday, 9-3, Thursday, 8-12, and Friday, 9-3. Food shopping transportation is available on Thursday and mall shopping is available Tuesday mornings. Bingo pick up and drop off available Wednesdays and Fridays.

**Call for your reservation (201) 845-4594.**





# WORD WISE

## *Fourth of July*

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# IN THE SPOTLIGHT

PROM SEASON FUN — Senior Activities Coordinator, Karen D'Arminio hosted "The Senior Prom". Everyone enjoyed a great lunch, delicious desserts, and really got in some great dance moves thanks to the musical performance by Peter Lieberman. Thank you to Terri's Florist, Golden Pub, Mazzer Plumbing, Spa 205, SB Women's Club, for their generous donations.

