SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone (201) 845-4594 Fax (201) 843-4866



OCTOBER 2017

The Saddle Brook Senior Center is available for Saddle Brook Residents 55 years and older.

Joseph J. Caggiano, Dir. NJ Lic. No. 4083
Lisa M. Caggiano, Mgr. NJ Lic. No. 3934
Richard J. Meade, Dir. NJ Lic. No. 4962

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All Around The Town

Summer 2017 has come to an end. Residents have fond memories of fun & joyous community events such as the annual picnic, Father Matthew's retirement mass & luncheon and chicken bingo. We cant wait for the 2017 fall & winter events.













SADDLE BROOK SENIOR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 AARP Meeting 1 pm Games with Barbara LINE DANCING 10:00	3 Exercise 10:15 Senior Club Meeting 1 pm	4 BINGO 12:45	5 EXERCISE 10:15 HAPPY STITCHERS 1:00	6 BINGO 12:45	7
8	9 **CLOSED COLUMBUS DAY** **Senior Club AC Trip** **Call Angie** **(201) 796-0904**	10 EXERCISE 10:15	11 BINGO 12:45	12 EXERCISE 10:15 HAPPY STITCHERS 1:00	13 BINGO 12:45	14
15	16 LINE DANCING 10:00	17 EXERCISE 10:15 Blood Pressure 10:30—1:00 Senior Club Meeting 1:00	18 BINGO 12:45	19 EXERCISE 10:15 HAPPY STITCHERS 1:00	20 BINGO 12:45	21
22	23 LINE DANCING 10:00	24 EXERCISE 10:15 Halloween Party VFW 6pm **SB residents only**	25 BINGO 12:45 pm	26 EXERCISE 10:15 HAPPY STITCHERS 1:00	227 BINGO 12:45	28
29	30 LINE DANCING 10:00	31 EXERCISE 10:15				

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RECIPE AND SCHEDULE

Ravioli with Sautéed Butternut Squash and Thyme

- 2 tbsp. olive oil
- ½ medium butternut squash (about 1 lb)
- Kosher salt and pepper
- 2 clove garlic
- 1 tbsp. small fresh thyme sprigs
- 1 package cheese ravioli
- ¼ c. grated Parmesan (1 oz)



Directions

1. Heat the oil in a large nonstick skillet over medium heat. Add the squash, season with 1/2 tsp salt and 1/4 tsp pepper and cook, covered, stirring occasionally, for 8 minutes.

2. Add the garlic and thyme and cook, uncovered, tossing occasionally, until the squash is tender and beginning to brown, 2 to 3 minutes more.

3. Meanwhile, cook the ravioli according to package directions. Transfer the ravioli to plates, top with the squash mixture and sprinkle with the Parmesan.

THINGS TO KNOW

OCTOBER RECYCLING CALENDAR

October 6—Newspaper
October 13– Commingled
October 20—Newspaper
October 27—Commingled
November 3—Newspaper

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. A trip to the food store can be scheduled on Thursday, Mall Shopping on Friday and Bingo on Wednesday & Friday.
For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is $25 and $25 back. Please call Angie 201.796.0904.

SAVVY SENIORS OF THE SADDLE BROOK SENIOR CLUB: The Saddle Brook Senior Club meets on the first and third Tuesday of the month at 1:00 p.m. at the Saddle Brook Senior Center, 8 Caldwell Avenue. The club invites Saddle Brook residents age 55 and older (spouse is automatically eligible) to the meetings For membership call Angie 201.796-0904. For any other information about the Senior Club call Lou 201.370.7959

AARP MEETINGS

October 2– 1:00—Game day with Barbara Calderio
November 6—1:00 Saddle Brook Police Dept. discusses scam alerts

AARP TRIPS

Information call : Marie 201.281.1099
10/11—10:00 Bus trip around 7 Lakes Drive (Lunch at Bear Mountain Inn) Transportation Incl. $50

10/25—11:00 Octoberfest at the Brownstone—own transportation $60

AARP & SENIOR CLUB CHRISTMAS PARTY

December 18th at the Venetian in Garfield. The cost is $18 for members and $46 for non-members. To reserve call Joe Lecce at (201) 845-4594

SAVE THE DATE

Halloween Party
VFW October 24th 6:00



ELECTION DAY NOVEMBER 7th



WORD WISE

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Halloween
October
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Witch
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Skeleton
Monster
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Candy
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Haunted House
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Chicken Scratch NY

September Scrambler Answer

BEQUEATH



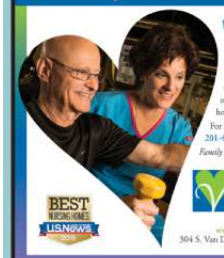
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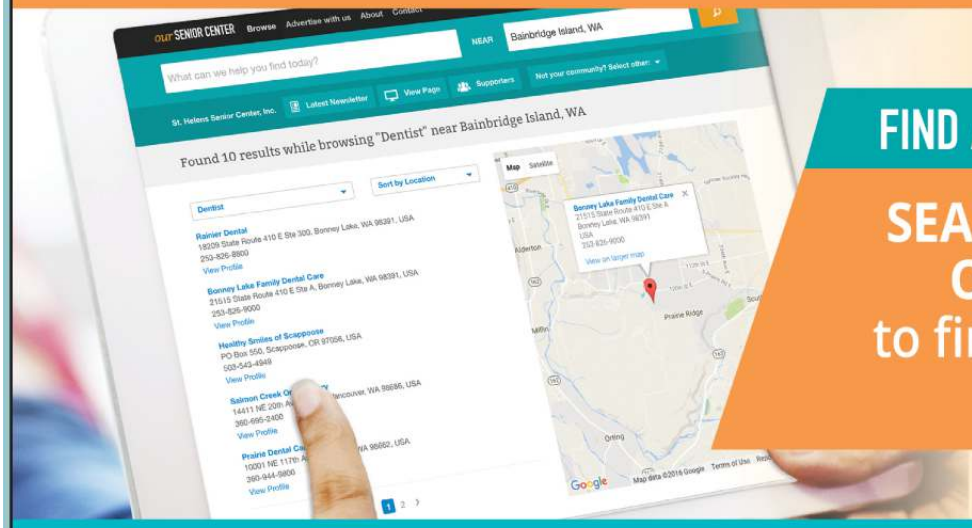
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IN THE SPOT LIGHT



Saddle Brook AARP Chapter 3785 presented Jahanvi Patel and Oskar Rusek with scholarships for their academic success. We wish them both the best of luck with all their future endeavors

SADDLE BROOK
COMMUNITY PARTNERSHIP CLUB

ARE YOU OR SOMEONE YOU KNOW IN NEED OF ASSISTANCE?

WOULD YOU LIKE TO HELP MEMBERS OF OUR COMMUNITY?
Call our hotline telephone at **201-587-2912**.

On the internet, log on to the **Saddle Brook Township Website** and click on the **Community Partnership Committee link.**

Please join us for our monthly meetings. Check the Saddle Brook Township Website Calendar for the times & dates.