

SADDLE BROOK SENIOR CENTER

8 CALDWELL AVENUE

SADDLE BROOK, NJ 07663

(201)845-4594

Hours: 8:00—3:30



**In Compliance with the Governor Murphy's Executive Order
We Will Be Closed Until Further Notice**

APRIL 2020

The Senior Center is available for seniors age 55 years and older



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CONTACT

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Around The Town

In recognition of Women in History Month, Mayor Robert White and Council President Andrew Cimiluca presented proclamations and flowers to Saddle Brook Board of Education Trustees, Sylvia Zottarelli, Regina Barrale, Mariana Ianneillo, Angela Robinson, Michele Roloff, Kelly Mahoney as well as Councilwomen Florence Mazzer and Karen D'Arminio. Also present were Councilmen David Gieriek and Todd Accomando.



SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CENTER IS CLOSED AND BUS SERVICE IS CANCELED UNTIL FURTHER NOTICE			1 Blood Pressure 11:30—12:30 BINGO 12:45	2 Exercise 10:15 Happy Stitches 1:00	3 BINGO 12:45	4
5	6 Line Dancing 10:00	7 Exercise 10:15	8 BINGO 12:45	9 Exercise 10:15 Happy Stitches 1:00	10 CLOSED GOOD FRIDAY	11
12 	13 Line Dancing 10:00 AC Trip Call Angie (201) 796-0904	14 Exercise 10:15	15 BINGO 12:45	16 Exercise 10:15 Happy Stitches 1:00	17 BINGO 12:45	18
19	20 Line Dancing 10:00 Blood Pressure 11-12:30	21 Exercise 10:15	22 BINGO 12:45	23 Exercise 10:15 Happy Stitches 1:00	24 BINGO 12:45	25
26	27 Line Dancing 10:00	28 Exercise 10:15	22 BINGO 12:45	30 Exercise 10:15 Happy Stitches 1:00		

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RECIPE AND SCHEDULE

Leg of Lamb with Garlic and Rosemary

PREPARATION

1. Pat lamb dry and score fat by making shallow cuts all over with tip of a sharp small knife.
2. Pound garlic to a paste with sea salt using a mortar and pestle (or mince and mash with a heavy knife) and stir together with rosemary and pepper. Put lamb in a lightly oiled roasting pan, then rub paste all over lamb. Let stand at room temperature 30 minutes.
3. Preheat oven to 350°F.
4. Roast lamb in middle of oven until an instant-read thermometer inserted 2 inches into thickest part of meat (do not touch bone) registers 130°F, 1 1/2 to 1 3/4 hours. Transfer to a cutting board and let stand 15 to 25 minutes (internal temperature will rise to about 140°F for medium-rare).
5. Add wine to pan and deglaze by boiling over moderately high heat, stirring and scraping up brown bits, 1 minute. Season pan juices with salt and pepper and serve with lamb.



INGREDIENTS

- 1 (7-pound) semi-boneless leg of lamb, aitchbone removed, fat trimmed to 1/4 inch thick, and lamb tied
- 4 garlic cloves
- 1 tablespoon fine sea salt
- 2 tablespoons chopped fresh rosemary
- 1/2 teaspoon black pepper

April 3	Paper
April 10	Commingle
April 17	Paper
April 24	Commingle
May 4	Paper



AARP MEETINGS

May 4
June 1 12:00 Noon Special Birthday Party

AARP TRIPS

To reserve a spot call Marie Shust (201) 281-1099
June 3 11:00 The Beat Goes On Stony Hill Inn \$ 55
June 23 11:00 Young At Heart Tribute To Frank Sinatra
Royal Manor Garfield \$55

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula (201) 755-4960

SADDLE BROOK SENIOR CLUB For membership call Henry (201) 796-7225.

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. On Thursday we go food shopping and on Friday we go the malls. Please call to reserve a spot on Mondays. The bus also picks up on Wednesday & Friday for Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$30 and \$30 back. Please call Angie 201.796.0904. NO BUS APRIL

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010.



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Larch

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Walnut

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FAMOUS PLACES ANSWERS

Mt McKinley

Cape Horn

Chicago (sears tower)

Athens Greece

What is the Easter Bunny's favorite kind of music?

What do you call a rabbit with fleas?

Why shouldn't you tell an Easter egg a joke?

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IN THE SPOTLIGHT



March 2 AARP had there First meeting of the year. The members enjoyed cake and coffee. They also played a game hosted by member Barbara Calderio. Winning team received a chocolate covered bunny.

