

SADDLE BROOK SENIOR CENTER

8 CALDWELL AVENUE

SADDLE BROOK, NJ 07663

(201)845-4594

Hours: 8:00—3:30



MARCH 2020

The Senior Center is available for seniors age 55 years and older

Joseph J. Caggiano, Dir. Lisa M. Caggiano, Mgr. Richard J. Meade, Dir.
 NJ Lic. No. 4083 NJ Lic. No. 3934 NJ Lic. No. 4962

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jrosenman@lpiseniors.com or (800) 477-4574 x6421

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Around The Town





Good food and good times were had by residents and friends at the Township's 2020 Pancake Breakfast at the Dynasty Buffet on Sat. Feb. 22, 2020. Thank you to everyone who attended and all those who helped make it a successful Township event.

Photos by Thomas Van Winkle.



SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Line Dancing 10:00 AARP 1:00	3 Exercise 10:15 Senior Club 1:00	4 Blood Pressure 11:30—12:30 BINGO 12:45	5 Exercise 10:15 Happy Stitchers 1:00	6 BINGO 12:45	7
8	9 Line Dancing 10:00 AC Trip Call Angie (201) 796-0904	10 Exercise 10:15	11 BINGO 12:45	12 Exercise 10:15 Happy Stitchers 1:00	13 BINGO 12:45	14
15	16 Line Dancing 10:00 Blood Pressure 11-12:30	17 Exercise 10:15 	18 BINGO 12:45	19 Exercise 10:15 Happy Stitchers 1:00	20 BINGO 12:45	21
22	23 Line Dancing 10:00	24 Exercise 10:15	25 BINGO 12:45	26 Exercise 10:15 Happy Stitchers 1:00	27 BINGO 12:45	28
29	30 Line Dancing 10:00	31 Exercise 10:15				

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RECIPE AND SCHEDULE

Easy Irish Soda Bread



Ingredients

- 3-1/2 cups all-purpose flour
- 1/2 cup sugar
- 2 tablespoons caraway seeds
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1/2 teaspoon baking soda
- 2 large eggs
- 2 cups (16 ounces) sour cream
- 3/4 cup raisins



Directions: In a large bowl, combine the flour, sugar, caraway seeds, baking powder, salt and baking soda. In a small bowl, whisk eggs and sour cream. Stir into dry ingredients just until moistened. Fold in raisins. Spoon into a greased 9-in. spring form pan. Bake at 350° for 40-45 or until a toothpick inserted in the center comes out clean. Cool on a wire rack for 10 minutes before removing sides of pan. Cut into wedges; serve warm.

RECYCLING CALENDAR

March 6	Paper
March 13	Commingled
March 20	Paper
March 27	Commingled
April 3	Paper



AARP MEETINGS

April 6
May 4

AARP TRIPS

To reserve a spot call Marie Shust (201) 281-1099
April 2—11:00 Life is Cabaret at Stony Hill \$55

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula
(201) 755-4960

SADDLE BROOK SENIOR CLUB For membership
call Henry (201) 796-7225.

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. On Thursday we go food shopping and on Friday we go the malls. Please call to reserve a spot on Mondays. The bus also picks up on Wednesday & Friday for Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$30 and \$30 back.
Please call Angie 201.796.0904.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010.



SB High School Presents Beauty & The Beast

March 5,6 & 7 at 7 pm

& March 8 at 2 p.m.

Call (201) 843-2880 for tickets

Pg.

WORD WISE



St. Patrick's Day Word Search

b	s	e	p	c	l	t	i	o	w	r	i	e	s
l	o	p	a	p	d	k	e	r	h	k	b	n	d
i	g	i	d	f	l	p	t	h	i	a	u	w	m
d	u	n	g	e	n	u	m	o	c	s	s	g	a
m	w	c	p	l	b	r	c	p	d	g	h	o	s
r	s	h	a	m	r	o	c	k	f	k	r	l	i
t	k	u	h	u	w	l	u	a	w	j	s	d	j
a	g	e	w	r	g	s	b	f	c	s	b	u	m
i	w	c	k	j	r	n	r	a	i	n	b	o	w
n	p	t	l	a	e	g	h	u	k	h	i	p	g
t	l	e	p	r	e	c	h	a	u	n	d	m	d
f	o	b	a	o	n	m	k	e	l	n	t	c	k
r	a	w	n	m	t	u	g	o	h	l	a	g	h
k	g	s	t	p	a	t	r	i	c	k	c	p	l

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IN THE SPOTLIGHT



Mayor Robert White joined the Saddle Brook Woman's Club meeting on February 11 to discuss the Saddle Brook Community Partnership Committee. The committee serves as a forum to discuss Township issues and to provide Saddle Brook residents with resources, guidance and referrals to help improve their quality of life. Thank you Saddle Brook Woman's Club for all you do to help families and individuals in our community.



Another fun Chicken Bingo outing Sun. 2/23/2020 at the Saddle Brook Senior Center. Thank you Senior Center Director Joe Lecce and Councilwoman Karen D'Arminio for organizing the event. Thank you Councilwoman Flo Mazzer, Councilman Dave Gieriek, Christine Genuario Sandi Goodwin and Howie Rofofsky for all their help. We were also joined by Councilman Andrew Cimiluca who enjoyed playing in all the Bingo games.